

Goodhue County Health and Human Services is hosting a book club and community conversation based on the book "The Anxious Generation" by Jonathan Haidt. The book explores the link between social media use, smart phones, screen time and the impacts on youth mental health.

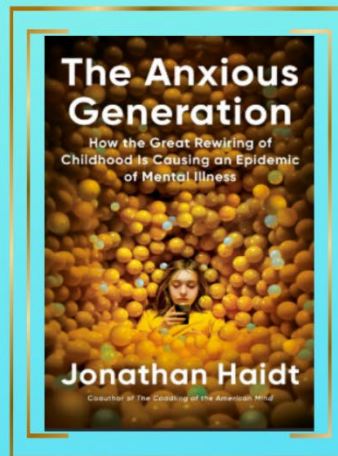
**Please join us for a community Book Club & discussion of
"The Anxious Generation" by Jonathan Haidt
hosted by Goodhue County Health & Human Services**

Date: April 16th at 5:30pm

Location: Red Wing Public Library

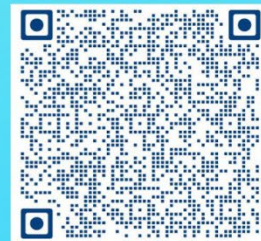
225 East Avenue

Red Wing, MN 55066



Books are available at the
Red Wing Public Library
or available for purchase at
Fair Trade Books
320 Bush Street
Red Wing, MN

*Advanced reading not
required to attend



*Registration requested but not required.
Register by scanning the QR Code or
clicking the link below



<https://www.cognitofrms.com/GoodhueCountyHealthHumanServices/AnxiousGenerationCommunityBookClub>

[Click HERE to Register](#)

Date: April 16th
Time: 5:30 pm
Location: Red Wing Public Library

Questions? Contact Racheal Miller @ racheal.miller@goodhuecountymn.gov

The Mental & Chemical Health Conveners

We are jointly facilitating the Mental & Chemical Health Coalition meetings to create a strengthened and unified framework to improve mental & chemical health and reduce duplication in Goodhue County. Our vision is for a Goodhue County that has healthy and thriving kids and adults.



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Our mailing address is:
426 West Avenue, Red Wing, MN 55066