



Goodhue County
Opioid Settlement
Advisory Council

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Opioid Settlement Background

- **Goodhue County to receive \$2.1 million from the Opioid Settlement over 18 years.**
- **NEEDS ASSESSMENT -2023**
 - To understand the unique impact of opioids in our Goodhue County communities so that effective strategies utilizing opioid settlement funds can be developed to address current needs and prevent further harm.
 - 50 key community stakeholders with lived and/or professional experience with the opioid crisis were engaged through focus groups and key informant interviews.

Major Findings, Themes & Recommendations

Prioritize youth focus, prevention, early education, awareness-building

A need for connection including support groups and peer recovery specialist help

Fill service gaps that exist along the chemical health treatment continuum of care

Access to harm reduction strategies with accompanying education

Access to & awareness of creative recreational outlets & alternative modalities for self-care

Increase access to mental health care

Enhance treatment court eligibility criteria

Increase tracking and sharing of opioid related data

Include community members with lived experience in the planning, implementation, and evaluation of opioid related programming

Opioid Settlement Advisory Council

2024 OSAC Charter

ELIGIBILITY CRITERIA:

- Must be a community member of Goodhue County, defined as living and/or working within the communities.
- Must have professional and/or lived experience with the opioid crisis. (+50% = lived experience)

VALUES:

- Diverse perspectives are necessary.
- Each member is valued and considered an expert.
- Power is shared.
- Collectively, our team is strong, relevant, committed and effective.

Chemical Health Treatment	Narcotics Anonymous Facilitator	GCHHS Social Workers	Probation (Adult and Youth)	Drug Treatment Court Team	Jail Staff
Recovery Community	Mothers who have lost children to opioid overdose	Narcotics Investigation	Goodhue County Chief Deputy	School Administrators	High School Health Teacher
	Clergy/Chaplain	Emergency Room Nurse	Fire/EMT Chief	Youth Prevention Specialist	

Opioid Settlement Advisory Council (OSAC)

OSAC Vision Statement

The Opioid Settlement Advisory Council (OSAC) aims to promote safe and healthy lifestyles through the commitment to prevent opioid abuse and overdose. We strive to bring lived and professional experience together by providing education through community connection, instilling hope for our youth, and bringing change that can be passed on for generations to come.

Our Process

Modeled after SAMHSA's Strategic Prevention Framework



Guiding Principles:

1. Cultural Competence
2. Sustainability
3. Dynamic and iterative
4. Data Driven
5. Rely on Team Approach

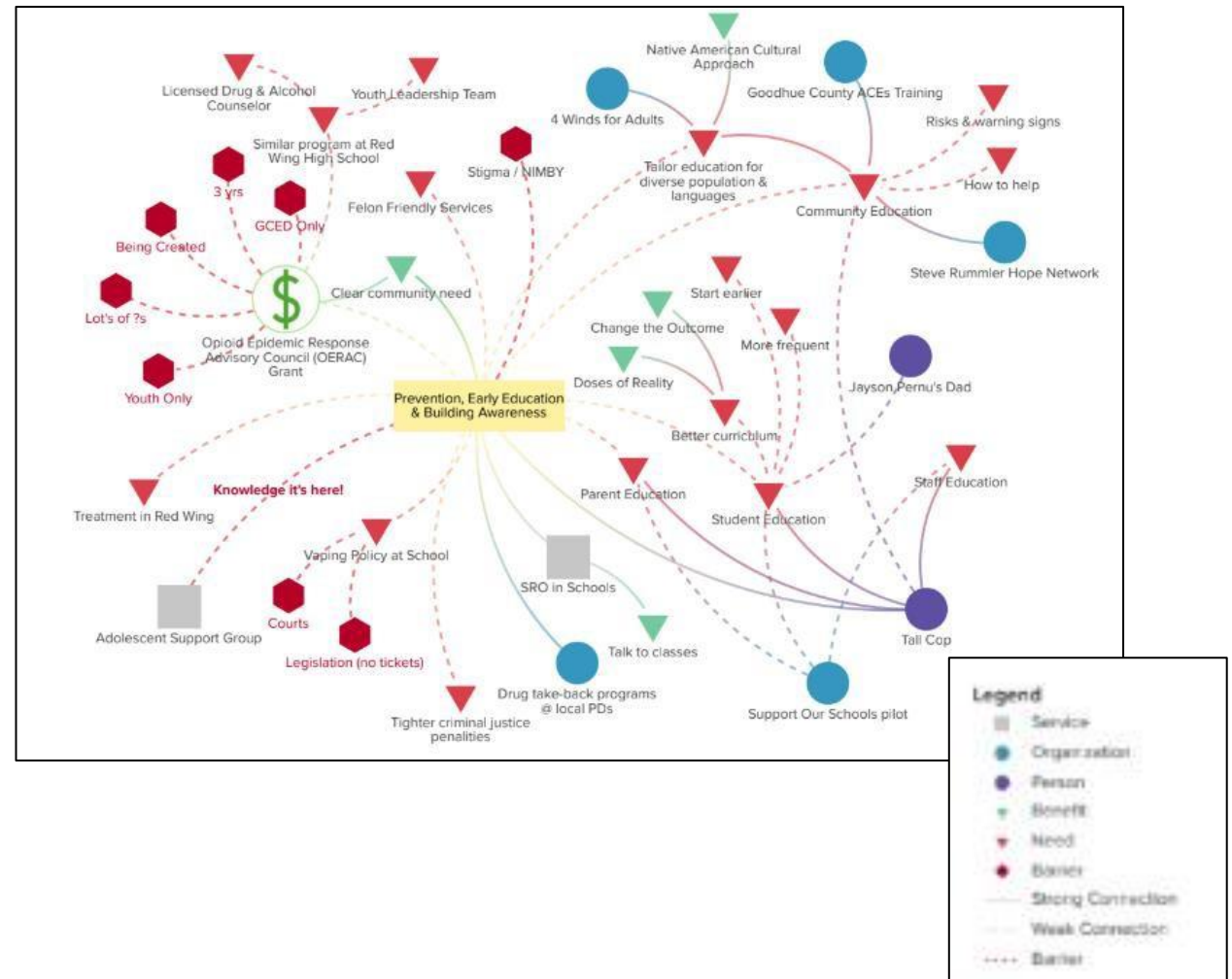
[A Guide to SAMSHA's Strategic Prevention Framework,](#)
US Dept. Health and Human Services, June 2019

Assessment-What is the problem?

Needs Assessment Results

Our Experiences
(personal lived & professional)

Connections Maps



Capacity-

*What do you
have to work
with?*

Developed our Team of 20+ members!

Plan to increase community readiness to address the opioid crisis via community-based education programming in 2025 to help spread awareness of realities and fight stigma.

Opioid Settlement funds

Planning

-What should you do and how should you do it?

Participatory Grantmaking Process-Noelle Harden, University of Minnesota Extension Office



Deliberate decisions to invest in strategies that are proven effective, evidenced based



Brainstormed strategies to fill in gaps & needs from our maps and evaluated them via impact-feasibility matrices given our capacity



Refined our priorities which then became our investment strategies for our first RFP

Implementation

-How do we put our plan into action?

INVESTMENT STRATEGIES

- **Certified Peer Recovery Specialist and/or Sober Navigator**
 - Adding paid staff with lived experience and relevant training to serve Goodhue County community members seeking recovery by providing ongoing support from day one: meeting patients at Emergency Room after overdose and setting up care plan, 24/7 phone or text support, assistance navigating resources, completing treatment applications, providing transportation, coaching, etc.
- **Increasing Mental Health Treatment For Youth**
 - Adding community based/school based mental health counseling for youth throughout Goodhue County as a means of prevention
- **Increasing Protective Factors for At Risk Youth**
 - Expanding evidenced-based youth programming to youth throughout Goodhue County as a means of prevention
- **Harm Reduction Access and Education**
 - Providing education and access to free Fentanyl Test Strips, Naloxone, Narcan, etc.

REQUEST FOR PROPOSALS: [Goodhue County Opioid Settlement Advisory Council Grant Application](#)

Evaluation-*Is our plan succeeding?*



EACH GRANTEE WILL
TRACK OUTCOMES AND
SUBMIT ANNUAL
REPORTS.



OSAC SHARED DATA



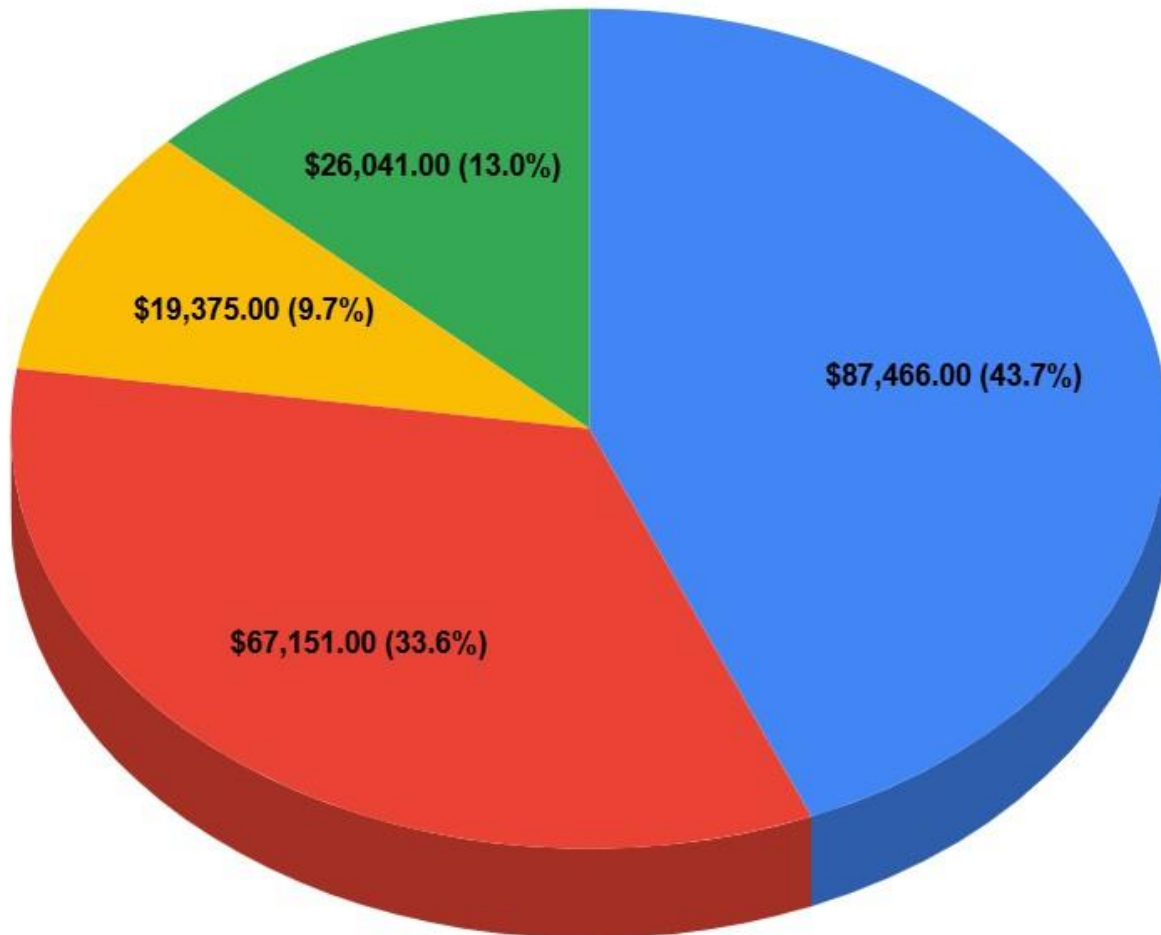
LOGIC MODEL

2024 OSAC RESULTS

OSAC Grant Investments 2025

INVESTMENT STRATEGIES

- Peer Recovery Specialist/ Sober Navigator
- Harm Reduction Access and Education
- Increasing Mental Health Treatment for Youth
- Increasing Protective Factors for At-Risk Youth



- 8 of 11 applicants awarded grants
- \$200,035 Total

OSAC Testimony

Please share your reason for joining OSAC.

What was the best part of serving on OSAC?

What do you think is/will be the impact of OSAC on the community?

PRE-ASSESSMENT AND POST-ASSESSMENT

**Changes made in
personal life
and/or
organization
based on
information
learned in OSAC.**

- Take the time to listen to people and where they are coming from
- I have found resources that I am using (professionally). I believe I have also changed my feelings and judgements on opioid use/addiction than what it was in the past. I was able to connect with people in my community that I otherwise would never encounter and have a better understanding of what is available in our community, the amazing people who run some amazing programs, and great people with lived experience. This has been a 100% positive experience for me.
- More collaboration.

LOWEST PART OF THE EXPERIENCE

Not having more funds to give to some of the programs

The experience could be emotionally draining.

BEST PART OF THIS EXPERIENCE

- Working through challenging conversations and having all people feel safe to speak in a setting where they/we may not have felt that previously.
- Having people from all over the community come together with the goal of helping others and saving lives.
- To know that there are people in the community who care about those in addiction and are willing to help with resources. The mentality of "not in my backyard" can be erased by the OSAC Committee and funding to show people that addiction can happen to anyone, anywhere and everyone deserves a chance.
- ...I feel like I have learned so much.
- Getting people with all experiences in one room making decisions together.
- I just feel so grateful to have been asked to be a part of this really important committee!
- Working with this committee has touched me more personally than I imagined it would. The decision to have all community members to be at the table was a brilliant one. I cannot respect both moderators enough.

Next Year 2025

- Fill gaps in membership
- Review and Update Connections Maps, Data, and Grantee Impact Reports
- Establish investment strategies for the next RFP that align with current needs.
- Decide upon terms of next round of funding.
- Implement Direct Fund Strategies (\$20k)
 - **Facing Fentanyl (community and school-based education)**
 - **Change the Outcome (community and school-based education)**
 - **Planning for LADCs in schools**
 - **Planning for Sober Housing**
 - **Sharps Box Pilot**



IT TAKES A VILLAGE

QUESTIONS?

A vertical white line is positioned to the right of the word "QUESTIONS?". It extends from approximately the middle of the word down to the bottom of the slide.

THANK YOU

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