



Extra COVID Emergency SNAP benefits to end

During the COVID-19 pandemic, Minnesota provides extra Supplemental Nutrition Assistance Program (SNAP) benefits known as Emergency SNAP or E-SNAP.

Due to recent action by the federal government, these extra benefits will end after February 2023 and your SNAP benefits will go back to the standard amount.

Why are E-SNAP benefits ending?

The federal government recently declared extra COVID E-SNAP benefits will end after February 2023. Minnesota does not have control over this decision.

Your last E-SNAP payment

February will be the last month Minnesotans will be eligible for extra E-SNAP benefits. Since E-SNAP is issued the month after eligibility is approved, most households will receive their final E-SNAP payment in March.

Starting in April, Minnesotans will get only one SNAP payment. That amount is the normal household benefit.

If a household's February approval is delayed, they may receive the last E-SNAP payment at a later month.



Need extra help?

We understand that this is a hard time for all Minnesotans. The following resources are available to help provide extra food support.

- **Minnesota Food Helpline** provides help to people looking for food shelves, farmer's markets, market bucks and food programs. Call 1-888-711-1151 or visit www.mnfoodhelpline.org.
- **MNFoodHelper.org** helps people with applying and recertifying for SNAP benefits.
- **WIC (Women, Infants and Children)** provides nutritious food to low-income pregnant, postpartum, and breastfeeding women, infants and children up to age 5. Call 1-800-942-4030 or visit health.state.mn.us/people/wic.
- **2-1-1** provides a variety of human services resources and information. Call 2-1-1 or visit 211unitedway.org for help with food resources, energy assistance, rent assistance, and more.
- **Senior Nutrition Program** provides people age 60 or older and their spouses (even if they are under 60) with free dining sites and home-delivered meals. Call Senior LinkAge Line at 800-333-2433, TTY 800-627-3529.

For more information about the end of Emergency SNAP, visit MN.gov/dhs/end-of-e-snap.

