

2023 Annual Report

on the 2023-2025 Goodhue County Community Health Improvement Plan

Partnering for the health of Goodhue County, Minnesota



United Way of Goodhue,
Wabasha & Pierce Counties



*Report prepared for the Community
Health Assessment Committee.*

This report includes progress and revisions
made through March 2024.

INTRODUCTION

A community health improvement plan is a long-term plan, describing how the local health department and a broad set of community partners are addressing needs identified in the last community health assessment. Goodhue County is fortunate to have many organizations working to **Support Mental Wellbeing through Mental Health Care and Social Connection**, **Advocate for More Housing**, and **Address Chemical Health in Youth and Reduce Overdose Deaths**. These areas can only be improved by the whole community working together. Completing and monitoring the plan, with community stakeholders and partners, is a responsibility of Goodhue County Health and Human Services under Minnesota Statutes §145A and is required by the Public Health Accreditation Board.

The [2023-2025 Community Health Improvement Plan](https://www.co.goodhue.mn.us/CHIP) and the most up-to-date action plans are available online at <https://www.co.goodhue.mn.us/CHIP>.

This 2023 Community Health Improvement Plan Annual Report covers the period from the report's publication in **April 2023** through the end of **March 2024**.

The purpose of this annual report is twofold:

- communicate **progress**
- make **revisions**

Communicate Progress

This report communicates the **progress** that organizations working on the county's top health issues have made in implementing strategies in the 2023-2025 CHIP. Strategies are being implemented in collaboration with stakeholders, partners, and the community. The Progress Notes column reflects activity over the past year.

The 2024 CHIP Annual Report will be published in December 2024 to align with community partner timelines.

Make Revisions

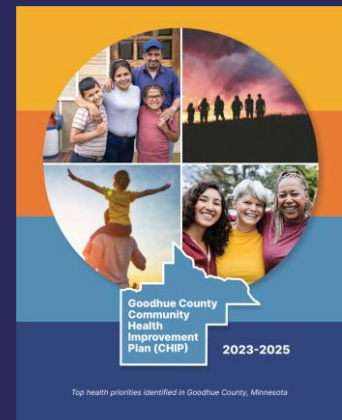
The annual report also provides an opportunity to revise the 2023-2025 CHIP. Revisions can be based on the feasibility and effectiveness of the strategies and/or changing priorities, resources, or community assets. Under each data dashboard, the 2023-2025 CHIP strategies are shown with action plan activities. The 2023 Annual Report contains ~~struck~~ or underlined text to show new revisions.

The Community Health Assessment Core Group monitors the action plans quarterly and provides updates to the Community Health Assessment Committee. Community partners are contacted as needed to obtain progress notes and discuss action plan revisions.

Goodhue County Health and Human Services extends its sincere appreciation to our partners and stakeholders who serve on the Community Health Assessment Committee and any team taking action on the 2023-2025 strategies.

ON THE WEB

To download the 2023-2025 Community Health Improvement Plan and the most up-to-date versions of the action plans, visit <https://www.co.goodhue.mn.us/CHIP>



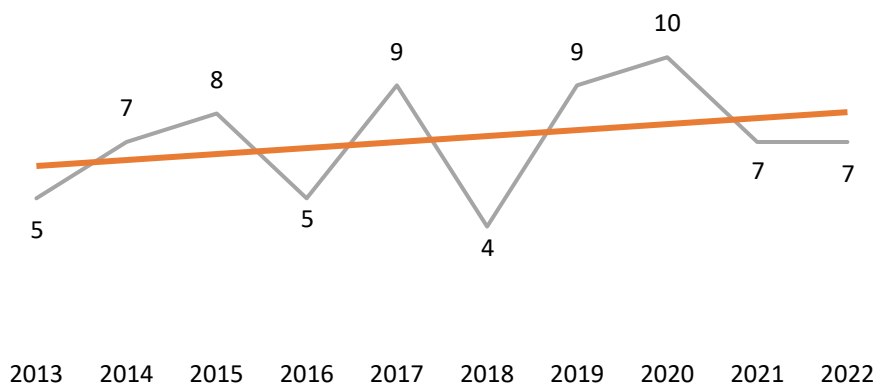
THIS 2023 ANNUAL REPORT CONTAINS ~~STRUCK~~ OR UNDERLINED TEXT TO SHOW REVISIONS.

Priority Health Issue #1: Support Mental Wellbeing through Mental Health Care and Social Connection

	National Data	Goodhue County Data
	Suicides per 100,000 population age adjusted to the 2000 standard population	Suicides per 100,000 population, crude death rate
2019	13.9	19.4
2020	13.5	21.0
2021	14.1	14.6
2022	14.3	14.6

Goodhue County's number of suicides has increased gradually since 2013

(Southern Minnesota Regional Medical Examiner's Office)



In 2022, the national suicide rate increased slightly while the suicide rate in Goodhue County remained the same. Due to Goodhue County's smaller population, the data appears to have large peaks and valleys. However, the data shows a gradual increase in the number of suicides in Goodhue County since 2013.

Result 1: All community members have access to mental health supports and know how to use them.

Provide Suicide Prevention Training/Community Education Programs			
Activities	Timeframe	Strategy Lead	Progress Notes
Hold a meeting to explore coordinating existing training/education efforts that support access to mental health care and/or equip individuals and organizations to recognize warning signs of suicide and connect people in crisis with help.	April 2023	Goodhue County Health & Human Services	7 community partners met in April 2023 to share current trainings/education and resources that provided opportunities to collaborate. 17 opportunities identified including Q.P.R. Training, S.A.V.E. Training, and various mental health support groups.
Identify target audiences that need these types of trainings. Engage full Access to Mental Health Supports team and members of potential target audiences.	April-May 2023 <u>Ongoing</u>	TBD by groups leading existing efforts	Hiawatha Valley Mental Health Center (HVMHC) applied for the Minnesota Community-Based Substance Misuse and Suicide Prevention Coalition grant in March 2024 to establish a regional coalition focused on substance use and suicide prevention in 10 – 24 year olds. Training and education efforts will begin Summer 2025.

Determine if new local training curriculum is needed to reach target audiences. Develop learning objectives, training content, and evaluation materials.	2023 2024-2025	HVMHC	HVMHC will utilize existing training curriculum like S.A.V.E. and Q.P.R. and will consider if curriculum containing regional data and resources is needed.
Identify existing trained trainers able to present existing trainings. Recruit and train additional trainers as needed to reach target audience(s).	2023-2025	TBD by groups leading existing efforts	Community Engagement and Partnerships Coordinator at Minneapolis VA Health Care System identified to host S.A.V.E. Veterans Suicide Prevention Trainings. Zumbro Valley Health Center providers identified to host Question. Persuade. Refer. Trainings.
Incorporate promoting SERCC and Mobile Crisis into trainings by providing information to new and existing trainers.	2023-2025	SERCC & Mobile Crisis	SERCC and Mobile Crisis resources were promoted at 5 suicide prevention events.
Develop marketing materials and promote new and existing trainings to target audiences. Engage full Access to Mental Health Supports team and members of target audiences.	2023-2025	TBD by groups leading existing efforts	Flyers promoting the S.A.V.E. Veterans Suicide Prevention Training were posted on all Goodhue County HHS social media accounts and sent to members of the Mental & Chemical Health Coalition of Goodhue County.
Offer trainings in the community	2023-2025	TBD by groups leading existing efforts	Lake City Public Schools and Pine Island Public Schools hosted screenings of My Ascension, the story of Emma Benoit’s suicide attempt and her journey connecting with other youth. Emma Benoit participated in a panel Q&A discussion at each school following the screening in January 2024. S.A.V.E. Veterans Suicide Prevention Training in partnership with the Minneapolis VA Health Care System occurred in January 2024. The Goodhue Community Health Awareness Coalition hosted Question. Persuade. Refer. Training at Goodhue High School in September 2023 in partnership with Zumbro Valley Health Center.

Expand Peer-led Groups			
Activities	Timeframe	Strategy Lead	Progress Notes
Identify existing groups in Goodhue County that connect individuals with mental health and substance use disorders with peers that have lived experience to facilitate a sense of connectedness and belonging and normalize protective factors for suicide such as help-seeking, reaching out, and adaptive coping.	2023 2024-2025	Goodhue County Health & Human Services; SEMCIL	SEMCIL and GCHHS met in February 2024 to discuss creating a new peer support group for Cannon Falls, Kenyon, and Wanamingo families with a recent autism diagnosis who are looking for support. Focus groups will be conducted with families in April.
Identify potential peer leaders and build capacity (e.g. necessary)	2023-2024	HVMHC; SEMCIL; NAMI	SE NAMI had 7 DHS-certified peer support specialists as of May 2023. A Goodhue County member of the

training from NAMI, or Refocus Recovery Group CPRS (Certified Peer Recovery Specialist) Training or Certified Peer Support Specialist Training (available online through SE Tech))			CREST Adult Mental Health Initiative Regional Management Team with lived mental health experience also went through peer support training in 2023.
Support creation of additional SEMCIL and NAMI Family Support Groups and other groups in Goodhue County and sustain them. Create a group for parents of youth with mental illness.	2023-2025	SEMCIL; NAMI; Fernbrook Family Center	SEMCIL, Hispanic Outreach of Goodhue County, and Autism Society of Minnesota hosted a peer mentoring group for 10 Latinx families with a child with a recent Autism diagnosis in October 2023. Hispanic Outreach referred families and provided childcare. Goodhue County HHS, CARE Clinic, and NAMI SE MN met in May 2023 to discuss how to make peer-led groups for people and families experiencing mental illness sustainable. Fernbrook Family Center hosted a parent support group that consisted of 6 sessions over 12 weeks in Fall 2023. 6 families were served. Planning to host another group in Fall 2024. Fernbrook school-linked mental health staff have been leading community education sessions about mental health.
Promote new and existing groups in Goodhue County	2023-2025	Access to Mental Health Supports team	Goodhue County HHS staff will assist SEMCIL in promoting focus groups and support groups through creating flyers and posting on social media.
Create a consumer Local Advisory Council to advise Goodhue County HHS board	2023-2024	Goodhue County Health & Human Services; HVMHC	Discussions are continuing about the creation of a Local Advisory Council.

Create an Employee-Friendly Workplace Certification Program

Activities	Timeframe	Strategy Lead	Progress Notes
Get feedback from employers and employees about developing an employee-friendly workplace certification program.	June-April 2023	Live-Well-Goodhue County; Workforce Development, Inc.	Focus groups were conducted with local business owners in June 2023. This strategy has been eliminated from the CHIP due to limited capacity.
Recruit additional team members to develop the employee-friendly workplace certification program.		Live-Well-Goodhue County; Workforce Development, Inc.	This strategy has been eliminated from the CHIP due to limited capacity.
Draft and finalize certification requirements for employee-friendly workplace certification program.	June-August 2023	Live-Well-Goodhue County; Workforce Development, Inc.	This strategy has been eliminated from the CHIP due to limited capacity.

Develop evaluation plan for program. Plan to evaluate impact on mentally healthy days and accessing mental health care.	June-Aug 2023	Live Well Goodhue County; Workforce Development, Inc.	This strategy has been eliminated from the CHIP due to limited capacity.
Develop a marketing and recruitment plan to get employers to participate in the program.	Aug-Sep 2023	Live Well Goodhue County; Workforce Development, Inc.	This strategy has been eliminated from the CHIP due to limited capacity.
Recruit employers to get certified and offer coaching throughout the certification process.	Sep-Dec 2023	Live Well Goodhue County; Workforce Development, Inc.	This strategy has been eliminated from the CHIP due to limited capacity.
Manage employer certifications, renewals, and communications.	Jan-Dec 2024	Live Well Goodhue County; Workforce Development, Inc.	This strategy has been eliminated from the CHIP due to limited capacity.
Evaluate program. Analyze data and report out to the community.	2024-2025	Live Well Goodhue County; Workforce Development, Inc.	This strategy has been eliminated from the CHIP due to limited capacity.

Result 2: All community members feel connected and valued by others.

Support and expand the Honoring Dakota Project			
Activities	Timeframe	Strategy Lead	Progress Notes
Buffalo Kill Ceremony & community education	April 2023	Prairie Island Indian Community (PIIC)	500 people attended the Buffalo Kill Ceremony and community education event in April 2023. They are using the additional tanned hides from this event for community crafting sessions.
Work with Red Wing Elementary Schools to organize an art project and assembly based on the We Are All Related book	April 2023	Red Wing Arts	Red Wing Elementary School students created 840 canvases that were displayed in downtown Red Wing businesses in May 2023. They now reside in the Red Wing High School library.
Hold monthly Zoom Community Conversations	April-November 2023	Red Wing Arts	1141 people attended Community Conversations in 2023. Community Conversations will continue outreach into regional communities.
Screen the documentary “Dodging Bullets”	May 2023	Goodhue County Child & Family Collaborative	110 community members attended the May 2023 screening at the Sheldon Theatre in Red Wing.
Hold a series of community engagement events at various locations throughout Red Wing	July 2023	Red Wing Arts/ Thrive Unltd.	670 people attended a community engagement event. The quarterly engagement included an Indigenous artist market and tipi teachings. The community painted tipi will be incorporated into future community events.
Create a mural in downtown Red Wing based on community feedback	September 2023	Red Wing Arts/ Thrive Unltd.	Mural unveiled on Indigenous People’s Day, October 2023.
Hold a community celebration on Indigenous Peoples Day	October 2023	Red Wing Arts	1500 people attended the celebration on Indigenous Peoples Day in 2023 including school events and the unveiling of the mural.
Hold a “We Are All Related” winter carnival	January 2024	PIIC / Red Wing Arts	200 community members attended the winter carnival in 2023. They are hoping to host another winter carnival in 2024.

Educate the community about Positive Childhood Experiences

Activities	Timeframe	Strategy Lead	Progress Notes
Hold a meeting with ACEs trainers to see if they are interested in being trainers	May 2023 2025	Child & Family Collaborative	Not started due to capacity limits. Workplan revised to begin activities in 2025.
Create a poster/social media posts to advertise training	May 2023 2025	Child & Family Collaborative	Not started due to capacity limits. Workplan revised to begin activities in 2025.
Identify target audiences	June 2023 2025	Child & Family Collaborative	Not started due to capacity limits. Workplan revised to begin activities in 2025.
Develop training evaluation	June 2023 2025	Child & Family Collaborative	Not started due to capacity limits. Workplan revised to begin activities in 2025.
Offer training to the community	July 2023 2025 2025	Child & Family Collaborative	Not started due to capacity limits. Workplan revised to begin activities in 2025.



Question. Persuade. Refer. (Q.P.R.) Training at Goodhue Public Schools in September 2023.

S.A.V.E. Veteran Suicide Prevention Training in the Goodhue County Board Room on January 31, 2024.





My Ascension film screening and Q&A panel discussion at Pine Island Public Schools on January 8, 2024.

Unveiling of the Honoring Dakota Project's mural in downtown Red Wing on Indigenous People's Day in October 2023.

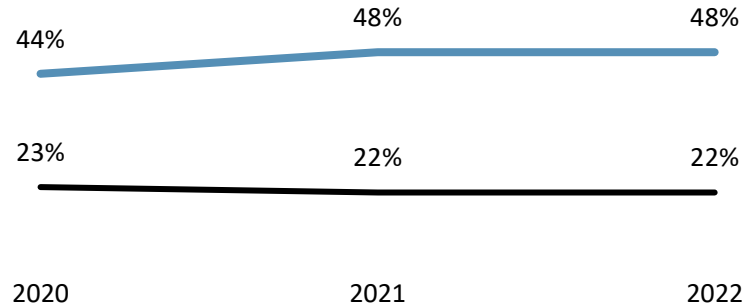


Priority Health Issue #2: Advocate for more housing

0% rental housing vacancy rate in Red Wing in 2022. Across Goodhue County, it was **1.9%**.

A vacancy rate of **5%** is needed to maintain a healthy balance of supply and demand. This demonstrates a **significant housing shortage in Goodhue County.** (Red Wing Report Card)

Nearly half of renter-occupied households are cost-burdened, paying more than 30% of income on housing compared **22% of owner-occupied households with a mortgage** (American Community Survey)



Result: Everyone, regardless of income and background, will have a safe, stable, and healthy place to live.

Advocate for additional affordable and supportive housing units			
Activities	Timeframe	Strategy Lead	Progress Notes
Provide opportunities for CHA/CHIP partners to formally support opportunities for additional affordable and supportive housing units – Joint letters of support, public comment	2023-2025	GCHHS Housing Resource Specialist	Housing Group members surveyed in March 2023. 79% reported being willing to sign joint letters of support. 43% reported being willing to make public comments. 3 joint letters of support, several individual letters/emails of support, and more than 25 community partners provided public comment in support of a proposed affordable housing facility in Red Wing managed by Three Rivers Community Action. The project ultimately failed to pass at a Red Wing City Council meeting in October 2023.
Send out email updates regarding progress with different developments, opportunities for community conversations, and opportunities to share support for project to CHA partners/HRT?	2023-2025	Varies (Developer, GCHHS Housing Resource Specialist, UWGWP Executive Director, etc.)	Housing Group members surveyed in March 2023. 79% reported being willing to receive email updates regarding progress and 64% were willing to forward emails to other partners.

Prepare a community education and engagement campaign to shift the narrative around the importance of a robust housing market that meets the needs of all community members

Activities	Timeframe	Strategy Lead	Progress Notes
<p>Organize data from local studies that can be used to share with local developers, city officials, the public</p> <ul style="list-style-type: none"> • American Community Survey data • Goodhue County Housing Study • Red Wing Report Cards • Local City comp plan goals/community needs? • Local shelter/other nonprofit housing related needs/people served? 	2023-2025	City of RW Community Engagement Facilitator, GCHHS Housing Resource Specialist	<p>Housing Group members surveyed in March 2023. 2 members identified to organize data.</p> <p>The Red Wing Report Card was updated in 2023 to reflect the most recent housing vacancy, supply, cost, value, occupancy, and homelessness data.</p> <p>The 2018-2022 American Community Survey (ACS) estimates were made available in December 2023.</p>
<p>Create a fact sheet for the county including current needs for different types of units, research on effectiveness of housing types, research on how affordable housing impacts communities</p>	<u>2023-2025</u>	<u>City of RW Community Engagement Facilitator, GCHHS Housing Resource Specialist</u>	<p>Housing Group members surveyed in March 2023. 2 members identified to create fact sheets.</p> <p>Fact sheet for Three Rivers project created in September 2023.</p>
<p>Create educational materials: videos, Q & A articles, presentation, social media posts, inventory infographic of existing rent rates/unit types (What are your options if you make X dollars a year in Red Wing? How many are available right now?)</p>	<u>2023-2025</u>	<u>City of RW Community Engagement Facilitator, GCHHS Housing Resource Specialist</u>	<p>Housing Group members surveyed in March 2023. 1 member willing to make educational videos. 3 willing to write articles and 4 willing to write social media posts. 1 willing to create infographics.</p>
<p>Offer virtual tours of existing housing – i.e. Habitat, Eagle Ridge (Three Rivers), others. Stress long-term maintenance and operating plans/homebuyer education or assistance to be a successful long-term homeowner</p>	<u>2023-2025</u>	<u>City of RW Community Engagement Facilitator, GCHHS Housing Resource Specialist</u>	<p>Housing Group members surveyed in March 2023. 1 member willing to create virtual tours of existing housing.</p>
<p>Coordinate CHA/CHIP partners to do radio interviews.</p>	<u>2023-2025</u>	UWGW Executive Director	<p>Housing Group members surveyed in March 2023. 6 partners willing to do radio interviews.</p>
<p>Share facts in small “bit-sized” portions on social media. Share fact sheets, videos, infographics, others’ social media posts, virtual tour videos, etc.</p>	<u>2023-2025</u>	<u>City of RW Community Engagement Facilitator, GCHHS Housing Resource Specialist</u>	<p>Housing Group members surveyed in March 2023. 7 partners willing to share fact sheets, 6 willing to share educational videos, 6 willing to share infographics, and 4 willing to share virtual tours on social media.</p>

Presentations to community groups using reframing language to reach all community members (including faith community/chamber employers, others)	2023-2025	City of RW Community Engagement Facilitator, GCHHS Housing Resource Specialist	Housing Group members surveyed in March 2023. 1 partner willing to develop a presentation and 5 willing to give a presentation.
Employer engagement: Ask local employers to share their stories - how are they impacted by the existing housing situation? Partner with employers to better understand “the volume of need” and well as solutions – specifically manufacturing sector Have employers/realtors share stories of why they are not able to find employees at all levels of need due to lack of housing.	October 2023-March 2024 TBD	United Way of Goodhue, Wabasha, and Pierce Counties Executive Director	Housing Group members surveyed in March 2023. 7 partners willing to engage employers. A few of the employers that participated in the June 2023 Employee Friendly Workplace focus groups were interested in discussing housing.
Hold a meeting for rental property owners and engage them about the need for affordable and supportive housing.	January February April 2024	City of Red Wing Community Engagement Coordinator	The City of Red Wing rental licensing program is planning landlord and tenant meetings in April 2024 and will provide property owners information about accepting housing choice vouchers.

Community partners advocating for affordable and supportive housing at a March 2023 Red Wing City Council meeting.



Bookmarks

Jump to a specific point in the meeting

- Technology Drive, Contingent On Receiving State Funding
- The Purpose Of This Item Is For City Council To Consider A Land Donation And A Good-Faith Commitment To Tax Increment Financing For A Housing Project In Partnership With Three Rivers Community Action That Would Meet The Needs Of Modest-Income Residents In Our Community. The Purpose Of The Housing Project Is To Provide Housing For Families In A Place That Offers Green Space And Is Walkable To Amenities Like Healthcare.

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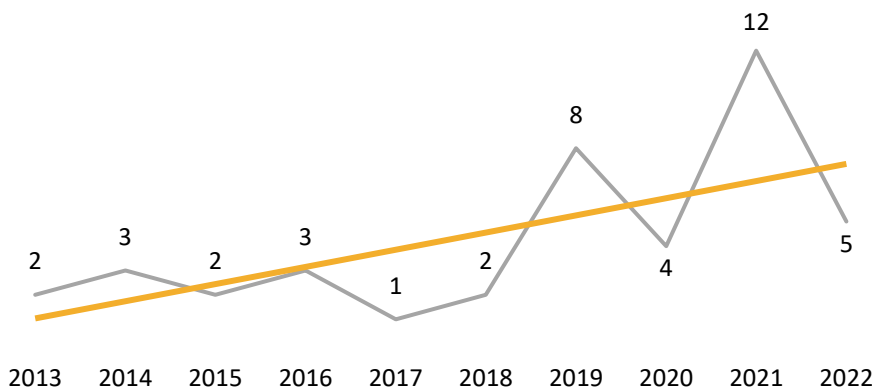
Priority Health Issue #3: Address chemical health in youth and reduce overdose deaths

*The original version of the 2023-2025 CHIP published in May 2023 compared national **opioid** overdose death data to Goodhue County overdose death data from **all drug categories**. This has been corrected in the annual report.

	National Data Opioid overdose deaths per 100,000 population age adjusted to the 2000 standard population (*preliminary data)	Goodhue County Data Opioid overdose deaths per 100,000 population, crude death rate (*preliminary data)
2019	15.5	17.3
2020	21.4	8.4
2021	24.7	25.0
2022	*25.2	*10.4

Opioid overdose deaths of Goodhue County residents have **more than doubled** since 2013

(MDH)



Preliminary 2022 data indicate the national opioid overdose death rate increased slightly while the opioid overdose death rate in Goodhue County decreased significantly. Due to Goodhue County's smaller population, the data appears to have large peaks and valleys. However, the data shows significant increases in the number of Goodhue County residents dying of opioid overdoses since 2013.

Result 1: Youth stay substance free.

Educate students, caregivers, and educators on substances, risk factors, and protective factors			
Activities	Timeframe	Strategy Lead	Progress Notes
Explore grants and other funding opportunities to hire staff to focus on youth prevention work.	2023-2024	Goodhue County Health & Human Services, Mental & Chemical Health Coalition	Goodhue County Health & Human Services was awarded an Opioid Epidemic Response Advisory Council (OERAC) grant in partnership with Midwest Recovery and Goodhue County Education District (GCED). A Youth Prevention Specialist and a Community Health Worker will be hired in Spring 2024 using grant funds.

			HVMHC applied for the Minnesota Community-Based Substance Misuse and Suicide Prevention Coalition grant in March 2024 to establish a regional coalition focused on substance use and suicide prevention in 10 – 24 year olds.
Use evidence-based curriculum and resources to design presentations, fact sheets, and handouts	2023 <u>2024-2025</u>	Mental & Chemical Health Coalition <u>GCHHS; Midwest Recovery; Goodhue County Education District</u>	The youth prevention team including the youth prevention specialist, community health worker, licensed alcohol and drug counselor(s), and students funded through the OERAC grant will begin these activities in 2024.
Conduct educational presentations/events through schools, community education, faith organizations, and more	2024-2025	Mental & Chemical Health Coalition <u>GCHHS; Midwest Recovery; Goodhue County Education District</u>	The youth prevention team including the youth prevention specialist, community health worker, licensed alcohol and drug counselor(s), and students funded through the OERAC grant will begin these activities in 2024.

Expand access to youth mentoring programs			
Activities	Timeframe	Strategy Lead	Progress Notes
Have meetings with communities outside of Red Wing on starting youth mentoring programs	2023	RiseUp Red Wing; Chaplain	RiseUp Red Wing has not met with communities outside of Red Wing. Mental & Chemical Health Coalition Conveners approved funding to implement a youth mentoring program focused on elementary and middle school students in Goodhue School District.
Support alternative mentoring models, such as peer-mentoring and group mentoring	2023-2025	RiseUp Red Wing	75 youth in RiseUp Red Wing mentoring programs in February 2024.
Support the recruitment of mentors through paid advertising, employer recruitment, and special events	2023-2025	RiseUp Red Wing	50 mentors in RiseUp Red Wing mentoring programs in February 2024. RiseUp Red Wing was awarded a Student Success Program grant that funds youth participation in recruiting additional mentors.

Reduce barriers for youth to participate in healthy activities			
Activities	Timeframe	Strategy Lead	Progress Notes
Work with partners on the creation of an activity fund to help pay for activity fees, camps,	Spring 2023	Goodhue County Child & Family Collaborative	In May 2023, leftover ARPA funds from 2022 and unallocated funds from 2023 were dispersed to Goodhue County social workers and schools to create activity funds. Activity funds were primarily used for

needed equipment, clothing, travel fees, etc.			activity fees, equipment fees, and to eliminate school lunch debt.
Work with Mayo Clinic Health System or other partners to secure adequate funding	Spring-Summer 2023 <u>2025</u>	Goodhue County Child & Family Collaborative	Collaborative ARPA funds are available to fund youth participation in activities through 2024. Additional funding will be needed in 2025.
Develop a system for requesting and receiving funds from this account	Spring-Summer 2023	Goodhue County Child & Family Collaborative	In May 2023, the Collaborative's Steering Committee allocated 25% of the available ARPA funds to Goodhue County HHS social workers. Remaining funds were allocated to member school districts based on enrollment numbers.
Advertise the funds availability with school and county social workers, as well as youth activity organizations.	2023-2025	Goodhue County Child & Family Collaborative	\$30,702 of unallocated Collaborative ARPA funding was used to create youth activity funds at Goodhue County member districts.

Result 2: All community members know how to prevent fatal overdoses.

Expand knowledge about opioids and harm reduction through community education			
Activities	Timeframe	Strategy Lead	Progress Notes
Hold at least three community education sessions about opioids and harm reduction methods.	2023-2024 <u>2024-2025</u>	Mental & Chemical Health Coalition <u>Opioid Settlement Advisory Committee</u>	Opioid Settlement Advisory Committee (OSAC) will determine whether to revise this activity in Summer 2024. Laura Sand Prink and Noelle Harden will facilitate OSAC.
Use social media and other advertising methods to distribute key messages	2023-2025 <u>2024-2025</u>	Mental & Chemical Health Coalition <u>Opioid Settlement Advisory Committee</u>	Opioid Settlement Advisory Committee (OSAC) will determine whether to revise this activity in Summer 2024.
Use key learnings from the opioid community engagements efforts <u>Goodhue County Opioid Settlement Needs Assessment</u> to adjust messaging.	2024 <u>2024-2025</u>	Mental & Chemical Health Coalition <u>Opioid Settlement Advisory Committee</u>	Opioid Settlement Advisory Committee (OSAC) will determine whether to revise this activity following initial key messaging campaigns.
Promote Take Back Day	2023-2025	Mayo Clinic Health System	Messages sent in September and October 2023 through the Community Update newsletter to over 150 community contacts and posted on social media.

Increase access to Naloxone and fentanyl test strips			
Activities	Timeframe	Strategy Lead	Progress Notes
Add 10 Naloxone and Fentanyl test strip access points throughout the county	2023-2025 <u>2024-2025</u>	Mental & Chemical Health Coalition <u>Opioid Settlement</u>	Opioid Settlement Advisory Committee (OSAC) will determine whether to revise this activity.

		<u>Advisory Committee</u>	
Provide 3 community trainings on Naloxone usage	2023-2025 <u>2024-2025</u>	Mental & Chemical Health Coalition <u>Opioid Settlement Advisory Committee</u>	Opioid Settlement Advisory Committee (OSAC) will determine whether to revise this activity.
Use ODMAP and other data sources to saturate hot spots with Naloxone and fentanyl test strips.	2023-2025 <u>2024-2025</u>	Mental & Chemical Health Coalition <u>Opioid Settlement Advisory Committee</u>	Opioid Settlement Advisory Committee (OSAC) will determine whether to revise this activity.

Social media graphic from Mayo Clinic's promotion of Take Back Day.



EXECUTIVE SUMMARY

GOODHUE COUNTY OPIOID SETTLEMENT NEEDS ASSESSMENT

<p>Laura Sand Prink, MSW, LGSW, Sand Prink Consulting, LLC sandprinkconsulting@gmail.com</p>		<p> Themes and Recommendations</p>
<p> Project Goal</p> <p>Conduct a needs assessment through community engagement efforts to understand the unique impact of opioids in Goodhue County so that effective strategies can be developed to address current, local, prioritized needs and prevent further harm through the utilization of Opioid Settlement funds.</p>	<p> The Problem</p> <ul style="list-style-type: none"> Goodhue County had the highest rate of deaths by drug overdose in all of Southern Minnesota (12.4 per 100,000 population from 2016-2019). Opioids are involved in the greatest number of overdose deaths among Goodhue County residents in 2021. The number of 8th, 9th, and 11th grade Goodhue County students who have used prescription pain medication without a prescription or differently than doctor's intention has increased since 2019, currently 1 in 20 (5%) students. Most alarming, 2 local youth have died from opioid overdose in the last two years. <p><small>Sources: MN Department of Health, MN Injury Data Access (2023) and MN Dept. of Health, Goodhue County Substance Use and Overdose Profile (2022)</small></p>	<ul style="list-style-type: none"> Focus on Youth Prevention Fill Continuum of Care Gaps in Chemical Health Services Increase access to harm reduction strategies with accompanying education Connection is needed including support groups & peer recovery specialist help Expand access to and awareness of creative recreational outlets and alternative modalities for self-care Increase access to mental health care <i>Nothing About Us Without Us</i>-Include community members with lived experience in the planning, implementation, and evaluation of opioid related programming Enhance treatment court eligibility criteria Increase the tracking and sharing of opioid related data Increase Community Education and Awareness Building
<p> Stakeholders with Lived Experience</p> <p>13 Recovery Community Members Several Loved Ones of Individuals Who Have Used Opioids 4 Parents From Separate Families 3 Parents Who Have Lost a Child to Fatal Opioid Overdose 8 Youth</p>	<p> Community Engagement</p> <p>50 Total People Engaged 4 Focus Groups 23 Key Informant Interviews</p>	
<p> Stakeholders with Professional Experience</p> <p>Several Chemical & Mental Health Treatment Center Staff, Goodhue County Health and Human Services Social Workers, Attorneys, Public Defender, Judge, Adult and Youth Probation Officers, Drug Treatment Court Team, Law Enforcement, Narcotics Investigator, School Resource Officer, School Staff & Administration, Clergy & Emergency Health Care Staff.</p>		

Executive Summary of the Goodhue County Opioid Settlement Needs Assessment.

Looking Ahead

We are looking forward to making even more progress on the CHIP in 2024. Goodhue County Health & Human Services is so appreciative of each of our community partners for making this work possible. Your dedication and hard work make Goodhue County a happier and healthier place to live.