

HEALTHY COMMUNITIES INTERNSHIP

NATURE OF WORK:

Healthy Communities interns will work in the Healthy Communities Unit of the Goodhue County Health and Human Services Department. The Healthy Communities Unit's purpose is working with individuals, communities, healthcare, schools, and worksites to help make Goodhue County a healthy place to live, learn, work and play. We promote wellness and behaviors that prevent disease. The internship is for students who seek a practical work experience within the field of public health education/promotion or community health and the opportunity to enhance their academic learning with real world knowledge. Work hours may vary outside the traditional 8-5 workweek, and interns are expected to make reasonable accommodations to provide support or attend meetings as requested.

EXAMPLES OF WORK: (Illustrative Only)

All work is performed under the direction of the Healthy Communities Supervisor and staff mentor(s). Work assignments are designed to provide a broad overview of public health prevention, promotion and community partnerships and provide meaningful professional training experiences.

- Assists with planning, implementing and evaluating community-based health promotion programs
- Assists in building, supporting and sustaining community partnerships; establishes positive relationships by communicating effectively in one-on-one or group settings
- Finds, creates or develops health education tools and resources
- Assists with social marketing and social norms campaigns
- Assists with accreditation process, such as documentation selection and review
- Delivers educational programs and presentations on health related topics
- Advocates for changing policy, systems and environment in organizations and in the community
- Implements grant deliverables along with learning about grant writing and program evaluation of grant activities
- Assists in determining the extent of public health problems by survey, focus groups and other data collection methods

KNOWLEDGE, ABILITIES AND SKILLS REQUIRED:

- Ability to accept responsibility; understand and follow written and oral instructions
- Ability to establish and maintain effective working relationships with other employees, interns and the general public
- Ability to exercise some independent judgment and to meet deadlines
- Ability to use office equipment required in performing the job (e.g., Word, PowerPoint, Excel, Publisher, Outlook)
- Comfortable in diverse settings and diverse communities
- Willingness to help with a variety of programs and tasks; well-organized and self-motivated
- Knowledge of teaching and learning principles, principles of behavior change, and methods to influence the environment
- Knowledge of community resources available in the area for dealing with health and related issues
- Ability to act as a resource person and educator for staff and community

MINIMUM QUALIFICATIONS:

- Interns must be actively enrolled in an undergraduate or graduate degree program from an accredited university/college. Preference for interns in community health, community health education, community health promotion, health and wellness, public health, or a related degree program.
- There must be a valid, signed Memorandum of Agreement/Contract for Student Internship on file between your University/College and GCHHS.
- Interns must successfully pass a background check prior to placement.
- Internships are typically 20-40 hours a week for 12 or more weeks, but may be adjusted to meet school requirements.

TO APPLY, PLEASE ATTACH:

- Resume
- Cover letter describing your career objectives, pertinent coursework and other relevant experiences you've had, your college or university, degree/ major currently pursuing, classification (junior, senior, master's, etc.), hours required for your internship, and proposed start and end date. Interns are encouraged to indicate what kinds of internship work would be of particular interest and/or relevance to their career objectives in their cover letter.