

**Physical Exam for Adult Foster Care**

Name \_\_\_\_\_ Date of Exam \_\_\_\_\_  
Age \_\_\_\_\_ Sex \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Marital Status \_\_\_\_\_ B-TPR \_\_\_\_\_

Current Primary Diagnosis: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Current Secondary Diagnosis: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Chronic Condition (Any illness/condition with recommended treatment): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Recommended Treatment: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Current Medications:

Resident is capable of administering medications  
\_\_\_\_\_ Yes \_\_\_\_\_ No

Name \_\_\_\_\_

Dosage/Frequency \_\_\_\_\_

Name \_\_\_\_\_

Dosage/Frequency \_\_\_\_\_

Name \_\_\_\_\_

Dosage/Frequency \_\_\_\_\_

Adverse effects from previous drug (describe): \_\_\_\_\_  
\_\_\_\_\_

Medical Condition:

Hepatitis	___ Yes ___ No	___ Year
Mononucleosis	___ Yes ___ No	___ Year
Typhoid Fever	___ Yes ___ No	___ Year
Diabetes	___ Yes ___ No	___ Year
Cancer	___ Yes ___ No	___ Year
Epilepsy	___ Yes ___ No	___ Year
Arthritis	___ Yes ___ No	___ Year
Hypertension	___ Yes ___ No	___ Year
Heart Disease	___ Yes ___ No	___ Year
Surgery(s)	___ Yes ___ No	___ Year

Type: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Broken Bones: \_\_\_\_\_  
\_\_\_\_\_

Treatment (if answer yes to any of fore-mentioned medical conditions): \_\_\_\_\_  
\_\_\_\_\_

Review To Systems:

	<u>Neg.</u>	<u>Abnormal Findings</u>
Head, Neck, Eyes, Nose, Throat	___	_____
Cardiovascular	___	_____
Abdomen	___	_____
Genitourinary	___	_____
Rectal	___	_____
Extremities	___	_____
Skin	___	_____
Musculoskeletal	___	_____
Lymphatic	___	_____
Neurological	___	_____
Thyroid/Endocrine	___	_____

Assessment: Date/Results/Needs

Dental \_\_\_\_\_  
Hearing \_\_\_\_\_  
Vision \_\_\_\_\_  
Speech \_\_\_\_\_

Laboratory: Date/Results

Urinalysis \_\_\_\_\_  
Pap Smear \_\_\_\_\_  
Serology \_\_\_\_\_

Ambulation:

Self \_\_\_ Assisted \_\_\_ Appliances/Braces \_\_\_  
Continent \_\_\_ Incontinent \_\_\_  
(Urine \_\_\_ Feces \_\_\_)

Dietary Needs:

Regular \_\_\_ (check)

Restrictions (dietary): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Allergies/Sensitivities: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Vaccinations (include date of last tetanus shot): \_\_\_\_\_

Hospitalization            Dates            Reason(s)

Free From Communicable Disease:

\_\_\_ Yes \_\_\_ No \_\_\_\_\_ (Physician's Signature)

Standard Intradermal Tuberculin Test: (Within past 30 days)

Date \_\_\_\_\_ Results \_\_\_\_\_

\_\_\_\_\_ Hospital \_\_\_\_\_ Phone

Previous Positive Mantoux \_\_\_\_\_  
(Date)

\_\_\_\_\_ Address

Chest X-Ray: (Within past 3 months if Mantoux is positive or contraindicated)

\_\_\_\_\_ Physician's Name (Print)

Date \_\_\_\_\_ Results \_\_\_\_\_

Today's Date: \_\_\_\_\_

=====  
Additional Comments/Information:

MN Rules 9555.6225, Subpart 3. **Physical examination of resident.** The operator must ensure that each resident is examined by a physician no more than 30 days before or within three days after placement in the adult foster home to ensure that the resident is free of the reportable communicable diseases named in parts 4605.7000 to 4605.7800. Transfer records from a health care facility licensed by the Department of Health may be substituted for this requirement.