

GOODHUE COUNTY HEALTH & HUMAN SERVICES (GCHHS) AGENDA

ONLINE VIA GOTOMEETING

MAY 18, 2021

10:30 A.M.

WEB ACCESS: HTTPS://GLOBAL.GOTOMEETING.COM/JOIN/355525149

CALL IN NUMBER: <u>1 877 568 4106</u> ACCESS CODE: 355-525-149

VIRTUAL MEETING NOTICE

"Due to concerns surrounding the spread of COVID-19, it has been determined that in-person meetings or meetings conducted under Minn. Stat. 13D.02a are not practical or prudent. Therefore, meetings that are governed by the Open Meeting Law will temporarily be conducted by telephone or other electronic means pursuant to Minn. Stat. 13D.021."

Goodhue County Health and Human Services Board will conduct a board meeting pursuant to this section on May 18, 2021 at 10:30 a.m. via GoToMeeting platform. The board and staff will attend the meeting via GoToMeeting by video or phone. The public is welcome to monitor the meeting by logging into https://global.gotomeeting.com/join/355525149 or calling 1877 568 4106 beginning at 10:20 a.m. or any time during the meeting. Access Code: 355-525-149

New to GoToMeeting: Get the app now and be ready when your meeting starts https://global.gotomeeting.com/install/355525149

Tips for the Virtual Meeting

- 1. CALL TO ORDER
- 2. REVIEW AND APPROVE BOARD MEETING AGENDA:
- 3. REVIEW AND APPROVE PREVIOUS MEETING MINUTES:

Documents:

APRIL 20, 2021 HHS BOARD MINUTES.PDF

- 4. REVIEW AND APPROVE THE FOLLOWING ITEMS ON THE CONSENT AGENDA:
 - a. Child Care Licensure Approvals

Documents:

CHILD CARE APPROVALS.PDF

b. Letter Of Support HVMHC

Documents:

LETTER OF SUPPORT HVMHC.PDF

- 5. ACTION ITEMS:
 - a. Accounts Payable

Documents:

ACCOUNTS PAYABLE.PDF

- 6. INFORMATIONAL ITEMS:
 - a. Toward Zero Deaths (TZD)

 Jessica Seide

Documents:

TZD PRESENTATION.PDF

b. SCHA Update

Leota Lind, CEO and Scott Schufman, CFO

Documents:

SCHA UPDATE 5-2021.PDF

c. COVID-19 Update Nina Arneson

Documents:

5-2021 COVID-19 HHS BOARD UPDATE.PDF

- 7. FYI-MONTHLY REPORTS:
 - a. Child Protection Report

Documents:

CHILD PROTECTION REPORT.PDF

b. Q1 2021 Fiscal Report

Documents:

HHS 1ST QUARTER 2021 FISCAL REPORT.PDF

c. HVMHC Annual Report 2020

Documents:

HVMHC ANNUAL REPORT 2020.PDF

d. HVMHC Residential Services Flier

Documents:

HVMHC RESIDENTIAL SERVICES FLIER.PDF

- 8. ANNOUNCEMENTS/COMMENTS:
- 9. ADJOURN

a. Next Meeting Will Be June 15, 2021
PROMOTE, STRENGTHEN, AND PROTECT THE HEALTH OF INDIVIDUALS, FAMILIES, AND COMMUNITIES

GOODHUE COUNTY HEALTH & HUMAN SERVICES BOARD MEETING MINUTES OF APRIL 20, 2021

The Goodhue County Health and Human Services Board convened their regularly scheduled meeting at 10:31 A.M., Tuesday, April 20, 2021, online via GoToMeeting.

Brad Anderson, Paul Drotos, Linda Flanders, Todd Greseth, Susan Johnson, Jason Majerus, and Nina Pagel.

STAFF AND OTHERS PRESENT:

Nina Arneson, Kris Johnson, Mike Zorn, Lisa Woodford, Abby Villaran, Nicole Mucheck, Tim Hunter, Brooke Hawkenson, Scott Arneson, Heather Arndt, Maggie Cichosz, Jessica Seide, and Ruth Greenslade.

AGENDA:

On a motion by B. Anderson and seconded by N. Pagel, the Board approved the April 20, 2021 Agenda.

MEETING MINUTES:

On a motion by P. Drotos and seconded by J. Majerus, the Board unanimously approved the Minutes of the H&HS Board Meeting on March 16, 2021.

CONSENT AGENDA:

On a motion by B. Anderson and seconded by T. Greseth, the Board unanimously approved all items on the consent agenda.

ACTION ITEMS:

On a motion by J. Majerus and seconded by S. Johnson, the Board unanimously approved payment of all accounts as presented.

On a motion by P. Drotos and seconded by S. Johnson, the Board unanimously approved the Child Abuse Prevention Month Proclamation.

Goodhue County Health & Human Services Board Meeting Minutes of April 20, 2021

INFORMATIONAL ITEMS:

Southeast Regional Crisis Center (SERCC) Update- Nicole Mucheck, Executive Director and Tim Hunter, Regional Programs Coordinator COVID-19 HHS Board update - Nina Arneson 2018 MN County Human Services Cost Report - Mike Zorn

FYI & REPORTS:

Child Protection Report
MDH-Public Health System Development in Minnesota: 2021 Report to the Legislature
DHS Cash Assistance and SNAP Timeliness Measures- Goodhue County

ANNOUNCEMENTS/COMMENTS:

ADJOURN:

On a motion by T. Greseth and seconded by S. Johnson, the Board approved adjournment of this session of the Health & Human Services Board Meeting at or around 12:05 p.m.

GOODHUE COUNTY HEALTH & HUMAN SERVICES (HHS)



REQUEST FOR BOARD ACTION

Requested Board Date:	May 18, 2021	Staff Lead:	Katie Bystrom
Consent Agenda:	⊠Yes □ No	Attachments:	☐ Yes ⊠ No
Action Requested:	Approve Child Care Li	censure Actions	

BACKGROUND:

Child Care Relicensures:

Jodie Peterson
 Kristie Frederick
 Janet Fennern
 Sarah Lexvold
 Jennifer Schuchard
 Kenyon
 Red Wing
 Cannon Falls
 Goodhue
 Lake City

Child Care Licensures:

Number of Licensed Family Child Care Homes: 76

RECOMMENDATION: Goodhue County HHS Department recommends approval of the above.



GOODHUE COUNTY HEALTH & HUMAN SERVICES (GCHHS)



REQUEST FOR BOARD ACTION

Requested Board Date:	May 18, 2021	Staff Lead:	Abby Villaran					
Consent Agenda:	⊠Yes □ No	Attachments:	⊠ Yes □ No					
Action Requested:	Approve a Letter of Support for Hiawatha Valley Mental Health Center (HVMHC) – Certified Community Behavior Health Clinic (CCBHC) Application							

BACKGROUND:

Hiawatha Valley Mental Health Center (HVMHC) is in the process of becoming a Certified Community Behavioral Health Clinic (CCBHC) with the Minnesota Department of Human Services (DHS).

The CCBHCs are community clinics with a service delivery model aiming to integrate mental health and substance use disorder service provision, improve services, coordinate care across settings and providers to ensure seamless transitions for individuals across the full spectrum of health and social services, increase consistent use of evidence-based practices, and increase access to high-quality care.

A part of the process includes obtaining a letter of support from the service areas the clinic is planning to serve. Attached, please find a draft letter of support from GCHHS per HVMHC request for Goodhue County.

Hiawatha Valley Mental Health Center's goal is to achieve full certification on/around January of 2022.

Attached, please find a draft letter of support, and an informational DHS flier about CCHBC.

RECOMMENDATION: The GCHHS Department recommends approval as requested.

GOODHUE COUNTY

Goodhue County **Health and Human Services**

426 West Avenue Red Wing, MN 55066 (651) 385-3200 • Fax (651) 267-4882

May 18, 2021

Erik Sievers, Executive Director Hiawatha Valley Mental Health Center (HVMHC) 402 East Sarnia Street Winona, MN 55987

RE: Letter of Support - Certified Community Behavioral Health (CCBHC)

Dear Erik Sievers,

Goodhue County Health and Human Services (GCHHS) is writing this letter in support of Hiawatha Valley Mental Health Center (HVMHC) becoming a *Certified Community Behavioral Health Clinic*.

GCHHS has partnered with HVMHC for several years to provide mental health services and supports and we support HVMHC becoming a CCBHC to increase access to mental health and substance abuse services, advance integration of behavioral health and physical health care, and improve utilization of evidence based practices. GCHHS is in support of HVMHC providing the core CCBHC services including:

- Crisis Mental Health and Addiction Services
- Screening, Assessment and Diagnosis
- Person and Family-Centered Treatment Planning
- Outpatient Mental Health and Substance Use Services
- Targeted Mental Health Case Management
- ARMHS and CTSS
- Peer Support
- Community-Based Mental Health Care for Armed Forces and Veterans

We look forward to continuing our partnership with HVMHC to provide these critical mental health services to citizens of Goodhue County. GCHHS will continue to support HVMHC through ongoing communication and involvement between our respective agencies. We hope to continue to work together to improve the health of individual, families and communities in Goodhue County.

Sincerely,

Nina Arneson, M.S. Goodhue County Health and Human Services Director

Cc: Abby Villaran, GCHHS Social Services Supervisor Katie Bystrom, GCHHS Social Services Supervisor Kris Johnson, GCHHS Deputy Director

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Certified Community Behavioral Health Clinics

Certified Community Behavioral Health Clinics (CCBHC) are community clinics that offer integrated mental health and substance use disorder services as well as a range of other services. CCBHCs provide outreach, increase access, improve services, and serve as a "one-stop-shop" to those who are currently underserved.

About CCBHC

Navigating mental health and substance use disorder systems can be difficult. Typically, a person with a mental illness will need to contact several different agencies to obtain a different level of care, and rarely can someone obtain both mental health and substance use disorder treatment through the same agency.

CCBHCs improve the way Minnesotans access mental health and substance use disorder treatment by creating a model of community clinics that provide comprehensive, coordinated and integrated care to children and adults with complex mental illness and substance use disorder.

This high level of care coordination and partnerships between providers, social services agencies, counties and other key stakeholders increases the likelihood that care will be received before a person enters into crisis, lessening the burden on emergency rooms, law enforcement and families.

Integrated care

People who use CCBHCs may receive:

- Outpatient mental health and substance use services
- Primary care screening and monitoring
- Screening, assessment and diagnosis, including risk management
- Psychiatric rehabilitation services
- Crisis mental health services, including 24-hour mobile crisis teams, emergency crisis Intervention services and crisis stabilization
- Person-centered and family-centered treatment planning
- Targeted case management
- Peer and family support
- Services for members of the armed forces and veterans
- Care coordination with other providers and systems

History of CCBHC

In 2014, the U.S. Congress enacted the Excellence in Mental Health Act, which established a demonstration project to test CCBHCs. In December 2016, Minnesota was chosen to be one of eight states to pilot CCBHC. Since the federal demonstration, the expansion and development of CCBHCs continues to grow.

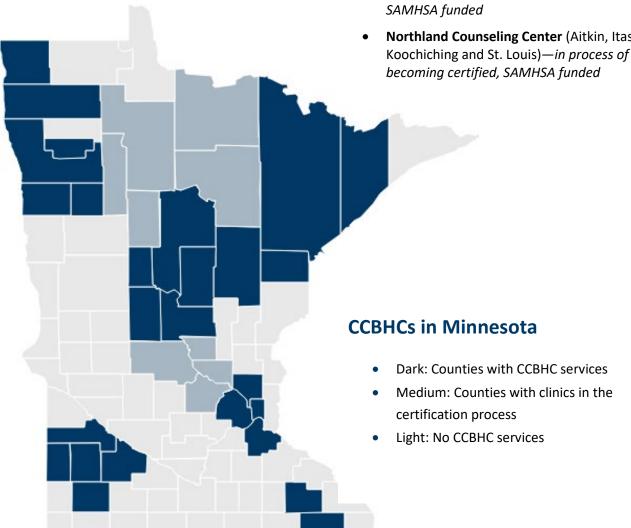


end of 2021

CCBHCs in Minnesota

- Amherst H. Wilder Foundation (Ramsey)
- Northern Pines Mental Health Center (Cass, Wadena, Todd, Morrison, Crow Wing and Aikin)
- **Northwestern Mental Health Center** (Kittson, Marshall, Red Lake, Polk, Norman and Mahnomen)
- People Incorporated (Anoka, Dakota, Hennepin and Ramsey)
- **Ramsey County Mental Health Center** (Ramsey)
- **Zumbro Valley Health Center** (Olmsted and Fillmore)

- **Human Development Center** (Southern St. Louis, Carlton, and Lake)
- Western Mental Health Center (Lyon, Lincoln, Redwood, Murray and Yellow Medicine)
- **Communidades Latinas Unidas En Servicio** (CLUES) (Hennepin and Ramsey)—in process of becoming certified
- North Homes, Inc. (Beltrami, Carlton, Cass, Clearwater, Hubbard, Itasca and St. Louis) —in process of becoming certified
- **Central Minnesota Mental Health Center** (Benton, Sherburne, Stearns and Wright) —in process of becoming certified
- Wayside Recovery Center (Hennepin, Ramsey)—in process of becoming certified, SAMHSA funded
- Northland Counseling Center (Aitkin, Itasca, Koochiching and St. Louis)—in process of



GOODHUE COUNTY HEALTH & HUMAN SERVICES (GCHHS)

REQUEST FOR BOARD ACTION

Requested Board Date:	May 18, 2021	Staff Lead:	Mike Zorn					
Consent Agenda:	□Yes ⊠ No	Attachments:	☐ Yes ⊠ No					
Action Requested:	Approve April 2021 HHS Warrant Registers							

BACKGROUND:

This is a summary of Goodhue County Health and Human Services Warrant Registers for: April 2021.

			Check No.		
	Date of Warrant		Series		Total Batch
IFS	April 2, 2021	ACH	33120	33128	\$1,465.09
IFS	April 2, 2021		455846	455871	\$7,933.19
IFS	April 9, 2021	ACH	33162	33175	\$27,241.97
IFS	April 9, 2021		456008	456038	\$15,576.11
IFS	April 16, 2021	ACH	33176	33192	\$54,206.89
IFS	April 16, 2021		456039	456057	\$9,338.50
IFS	April 23, 2021	ACH	33201	33206	\$999.25
IFS	April 23, 2021		456106	456333	\$45,297.68
IFS	April 30, 2021	ACH	33279	33307	\$8,494.96
IFS	April 30, 2021		456219	456295	\$51,194.07
SSIS	April 30, 2021	ACH	33227	33246	\$53,340.33
SSIS	April 30, 2021		456170	456213	\$160,050.73
IFS	April 30, 2021	ACH	33247	33278	\$1,549.84
IFS	April 30, 2021		456214	456218	\$16,770.05
				Total	\$453,458.66

RECOMMENDATION: Goodhue County HHS Recommends Approval as Presented,

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Toward Zero Deaths

May 18, 2021 Jessica Seide, Goodhue County TZD Safe Roads coordinator





Working Together

Mission

Our mission is to create a culture for which traffic fatalities and serious injuries are no longer acceptable through the <u>integrated</u> application of education, engineering, enforcement, and emergency medical and trauma services. These efforts will be driven by data, best practices, and research.

Goals

- Pursue public support of traffic safety as a priority
- Strengthen TZD as a priority for all units of government and traffic safety partnerships
- Promote and implement effective traffic safety initiatives

Values

- Continuous improvement
- Engaged partners
- Evidence-based approaches











Tragic Beginning to May on Minnesota Roads

- In the first six days of May, **12** people have died in traffic crashes on Minnesota roads.
- As of May 7, preliminary figures show 122 people have died on Minnesota roads since Jan. 1, compared to 93 last year at this time.
- The last time Minnesota reached 122 fatalities by May 7 was in 2008.









Unbelted Traffic Fatalities Highest in Nearly a Decade

- Minnesota motorists are known for their high seat belt compliance rate YET...
- Between Jan. 1 and April 22, preliminary reports show 31 unbelted motorists died this year, the highest number of year-to-date unbelted traffic fatalities since 2012 (33).
- This loss of life comes after a deadly 2020 when 112 unbelted motorists died on Minnesota roads compared to 73 in 2019.
 The 112 unbelted motorist deaths in 2020 were also the highest since 2012 (116).









Troubling Increase in Speeding Citations

- State Patrol troopers have issued 25,729 speeding citations through April 29 compared with 24,239 tickets written at this time last year.
- Troopers cited 325 motorists for going 100 mph or more through April 29 compared with 306 this time last year.











Traffic Fatality Trajectory Going Wrong Direction

- The state reported its 100th traffic death (preliminary) for 2021 on April 21.
- This is the earliest date reaching the preliminary figure of 100 traffic fatalities in the last six years.
- The 394 traffic fatalities in 2020 (preliminary) are the most in five years, with speed contributing to 30 percent of all traffic fatalities.
- Preliminary reports show 122 motorists died in speed-related crashes in 2020, the most since 008 (125).











High Visibility Speed & Aggressive Driving Patrols

- Law enforcement agencies across Minnesota are conducting high visibility speed and aggressive driving patrols <u>May 12-19.</u>
- Speed-related fatalities are the primary contributor to an overall traffic fatality rate that is far exceeding last year and historical averages.
- ■There have been **56** speed-related deaths reported as of May 12 compared with **26** at this time last year.
- Due to this alarming trend, Minnesotans are being asked to drive smart and slow down. Drivers who continue to treat the roadway like a raceway can expect to be stopped. No excuses.









Daily Focus by Region to Prevent Tragedy

Law enforcement agencies across Minnesota are dedicating specific days to high visibility speed and aggressive driving patrols starting Wednesday, May 12.

Tuesday, May 18	Rochester region (District 2100) includes Dodge, Fillmore, Freeborn, Goodhue, Houston, Mower, Olmsted, Rice, Steele, Wabasha and Winona counties.
Tuesday, May 18	Virginia region (District 3100) includes Itasca, Koochiching and St. Louis counties.
Wednesday, May 19	Mankato region (District 2200) includes Blue Earth, Brown, Faribault, Le Sueur, Martin, McLeod, Nicollet, Sibley, Waseca and Watonwan counties.
Wednesday, May 19	Brainerd region (District 2800) includes Aitkin, Cass, Crow Wing, Hubbard, Kanabec, Mille Lacs and Morrison counties.









2025 TZD Goals

- Our 2025 goal is to reduce traffic-related deaths to 225 or fewer
- We need your help!
- Please remember to take every opportunity to talk to your family, friends and coworkers about the importance of taking driving seriously in 2021.
- Your life and the lives of others depend on it.











Zero is attainable — but it will take all of us working together to get there!













MEMBER COUNTY BOARD 2021 REPORT

Leota Lind, CEO Scott Schufman, CFO

Year-End Audit

CliftonLarsonAllen (CLA) completed their financial audit of South Country for 2020:

- No difficulties encountered in performing the audit.
- No misstatements.
- No audit adjustments.
- Opinion Statutory financial statements present fairly, in all material respects, the admitted assets, liabilities, and surplus of South Country Health Alliance, and the results of its operations and cash flows, on the basis of the financial reporting provisions of the Department of Health of the State of Minnesota.



2020 Results

South Country finished 2020 at a net income of \$2.3M versus budget of \$980,000 and compared to net income of \$1.8M in 2019.

Highlights included:

- Favorable revenue due to membership above budget and improvement in risk score accuracy.
- Reduction in medical claims costs year-over-year on a per member per month (PMPM) basis for Medicaid lines, especially PMAP and MNCare.
- Loss ratio of 89.5% versus prior year of 91.9%.
- Administrative expense to revenue ratio of 9.3% versus budget of 9.8%.
- Risk-Based Capital ratio of 300.0% versus prior year of 262.5%.



Financial Results

Statement of Net Income (for twelve months ending December 31, 2020)

	De	cember 2020	De	ecember 2020		Favorable/	De	ecember 2019		Favorable/
		Actual		Budget	(1	Unfavorable)		Actual	(Unfavorable)
<u>REVENUE</u>										
TOTAL REVENUES *	\$	211,438,045	\$	198,829,895	\$	12,608,150	\$	290,369,521	\$	(78,931,476)
PROGRAM EXPENSES										
TOTAL PROGRAM EXPENSES		189,148,016		178,506,171		(10,641,845)		266,965,446		77,817,430
LOSS RATIO		89.5%		89.8%		0.3%		91.9%		2.4%
ADMINISTRATIVE EXPENSES				_						
EMPLOYEE RELATED		7,523,656		7,497,780		(25,876)		7,941,347		417,691
OTHER ADMIN EXPENSES		7,528,455		6,996,353		(532,102)		7,815,027		286,572
TPA FEES		4,958,390		4,980,591		22,201		6,747,330		1,788,940
CLAIMS ADJUSTMENT EXPENSES		(258,027)		0		258,027		(29,482)		228,545
TOTAL ADMINISTRATIVE EXPENSES		19,752,477		19,474,724		(277,750)		22,474,224		2,721,747
OPERATING INCOME		2,537,552		849,000		1,698,802		929,851		1,607,701
INTEREST EXPENSE		(374,269)		(269,000)		(105,269)		0		(374,269)
INVESTMENT INCOME		223,499		400,000		(176,501)		859,154		(635,655)
NET INCOME (LOSS)	\$	2,386,781	\$	980,000	\$	1,406,781	\$	1,789,004	\$	597,777
MEMBER MONTHS		318,797		285,350		33,447		463,942		(145,145)
Admin Expense PMPM	\$	61.96	\$	68.28	\$	6.32	\$	48.44	\$	(13.52)
Admin Expense Ratio to Revenue		9.3%		9.8%		0.5%		7.7%		(1.6%)
TPA Fees PMPM	\$	15.55	\$	17.45	\$	1.90	\$	14.54	\$	(1.01)



^{*} Revenue shown is net of Risk Corridor due to the State of \$5,090,281.



2021 Budget

South Country's 2021 budget calls for net income of \$1,200,000.

Key assumptions included:

- Membership up 12.6% 359,000 total member months; 29,900 monthly average.
- Revenue on PMPM basis up due to relatively moderate increases in rates, especially in PMAP, SNBC, and Medicare lines.
- Medical claims costs up on a PMPM basis due to higher utilization assumptions in medical and pharmacy costs.
- Loss ratio of 91.1% versus prior year of 89.5%.
- Increase in administrative costs of 1.7% overall versus 2020 primarily due to increased TPA expenses (up 11.7%) related to increased membership.
- Administrative expense to revenue ratio of 8.4% versus prior year of 9.3%.
- 2021 budget assumes Risk Corridor payment to State of \$1.7 million.

2021 Budget

	FINAL 2020	BUDGET 2021	Change
Member Months	318,797	358,957	12.6%
Revenue	\$ 211,438,045	\$ 243,838,435	15.3%
Claims	189,148,016	222,185,854	17.5%
Net Margin	22,290,029	21,652,581	
Admin Expenses	20,126,746	20,477,581	1.7%
Operating Income	2,163,283	1,175,000	
Investment Income	223,499	25,000	
Net Income	\$ 2,386,782	\$ 1,200,000	
Loss Ratio	89.5%	91.1%	1.6
Admin/Rev Ratio	9.3%	8.4%	(0.9)
Risk Corridor Payment (To) From State	\$ (5,090,281)	\$ (1,719,000)	



Risk Corridor / RBC Protection

Risk corridor language was added to DHS contracts in 2020 (via amendments) and included in 2021 contracts.

- Unpredictability of medical costs during the pandemic resulted in the inclusion of the risk corridor component over the two-year period.
- Minimum and Maximum Loss Ratios are calculated based on Target MLRs plus/minus 1.5%.
 This range defines the risk corridor by product for each year.
- Results outside of the risk corridor result in potential remittances due to/from the State.
- In the event South Country is required to pay the State in either contract year, such payment is limited to the extent it would reduce South Country's RBC to a level below 300%.
- Based on 2020 results, South Country booked a projected payable to MN DHS of \$5.1 million, lowering net income for 2020 by this same amount.
- 2021 budget assumes an additional risk corridor payment of \$1.7 million



South Country: Counts of Members Tested and Diagnosed with COVID-19

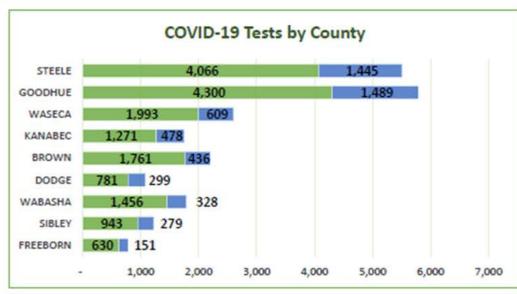
	Prior To Aug-20	Aug-20	Sep-20	Oct-20	Nov-20	Dec-20	Jan-21	Feb-21	Mar-21	Apr-21	Total ¹
COVID-19 Tests	4,461	1,535	2,121	2,471	4,024	2,589	1,865	1,576	1,747	326	22,715
Members Tested	3,640	1,260	1,819	2,057	3,098	1,940	1,637	1,446	1,619	311	11,500
Members with COVID- 19 Diagnosis	194	91	109	143	603	426	303	161	131	40	1,818
Members with COVID- 19 Admission	18	8	8	10	21	29	15	13	5	0	127

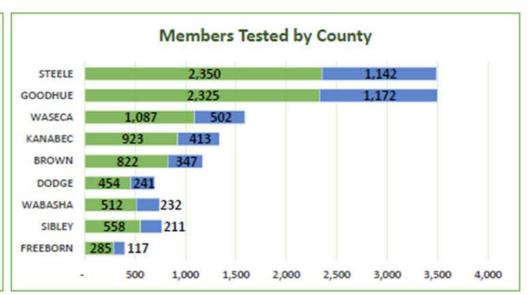
^{1:} Months and total differ. Member counts are distinct to that month; the total column is distinct members overall.

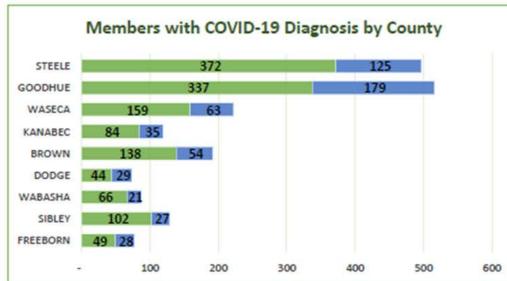


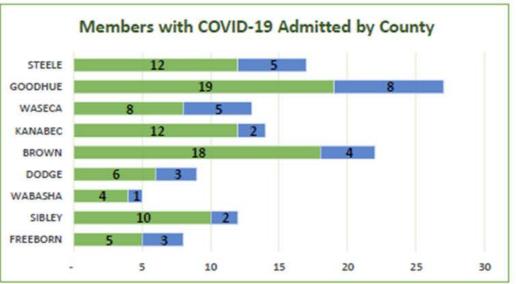
^{*} Represents South Country data from claims data paid through Apr. 20, 2021

COVID-19 Statistics by County





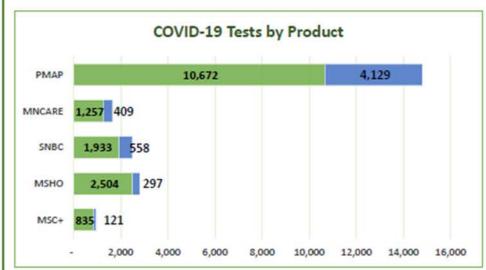




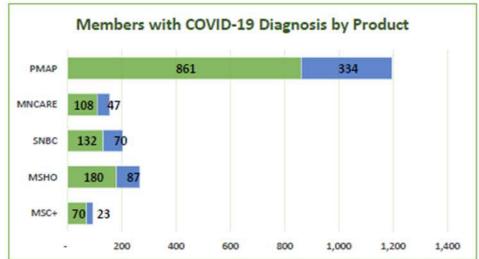


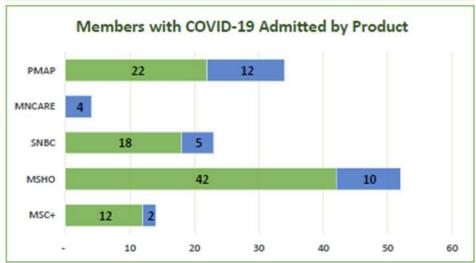


COVID-19 Statistics by Product













Costs Associated with COVID-19

	Sou	th Coun	try: Paid	d Amou	nt for CO	OVID-19	Test Cla	aims in :	L,000's		
	Prior To Aug-20	Aug-20	Sep-20	Oct-20	Nov-20	Dec-20	Jan-21	Feb-21	Mar-21	Apr-21	Total ²
COVID-19 Tests	\$353.5	\$121.7	\$177.9	\$214.5	\$348.3	\$219.7	\$125.2	\$105.6	\$121.0	\$23.3	\$1,810.7
Claims with COVID-19 Related Diagnoses	\$646.0	\$194.9	\$183.9	\$117.5	\$884.9	\$1,012.1	\$1,605.3	\$1,830.5	\$1,322.4	\$107.8	\$7,905.4
Total	\$999.4	\$316.6	\$361.8	\$332.0	\$1,233.2	\$1,231.8	\$1,730.5	\$1,936.1	\$1,443.4	\$131.1	\$9,716.0
Paid Amount for Inpatient Claims for Members with a COVID-19 Diagnosis											
Inpatient Stay for COVID-19 Diagnosed Members	\$420.4	\$108.7	\$71.0	\$197.7	\$349.7	\$526.0	\$182.0	\$152.8	\$63.5	\$0.0	\$2,071.8



THANK YOU!

FEELING GRATITUDE AND NOT EXPRESSING IT IS LIKE WRAPPING A PRESENT AND NOT GIVING IT



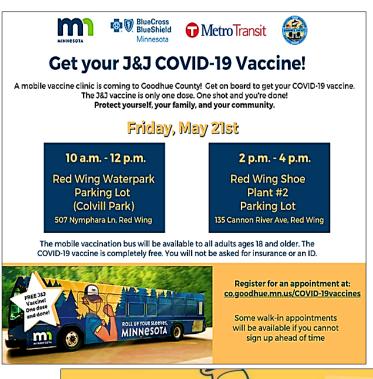


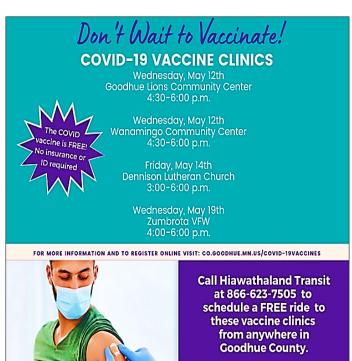
Goodhue County Health and Human Services Board

5-18-2021 COVID-19 Update

- Introduction, Nina Arneson, HHS Director
- Case and Vaccine Data, Maggie Cichosz, Child & Family Collaborative Coordinator / Assistant PIO
- Vaccine and Virus, Brooke Hawkenson, Family Health Supervisor
- Vaccine Clinics, Ruth Greenslade, Healthy Communities Supervisor
- COOP GCHHS, Kris Johnson, Deputy Director & Mike Zorn, Deputy Director

To register online for an appointment with Goodhue County Vaccine Clinics visit: https://co.goodhue.mn.us/COVID-19vaccines or call 651-385-2000 to register.







Information and Resources:

- https://co.goodhue.mn.us/COVID-19
- https://www.facebook.com/gchhs
- Goodhue County Covid-19 Community Update 5/13/2021

Sign-up for Goodhue County Covid-19 Community Updates

GOODHUE COUNTY HEALTH & HUMAN SERVICES (GCHHS)



Monthly Update Child Protection Assessments/Investigations

Month	2019	2020	2021
January	21	16	20
February	20	30	17
March	34	19	15
April	20	15	24
Мау	23	21	
June	16	10	
July	16	12	
August	19	17	
September	25	18	
October	29	25	
November	24	21	
December	21	14	
Total	268	218	76





Goodhue County **Health and Human Services**

426 West Avenue Red Wing, MN 55066 (651) 385-3200 • Fax (651) 267-4882

DATE: May 18, 2021

TO: Goodhue County Health and Human Services (HHS) Board

FROM: Mike Zorn, Deputy Director

RE: First Quarter 2021 Fiscal Report

In the first quarter of CY 2021, Goodhue County Health & Human Services Agency had the following budget financial summary.

- We expended 24% (\$4,380,711) of our budget (\$18,294,386) 25% of the way through the year. Last year at this time, we expended 25%.
- We have collected 15% (\$2,826,821) of our anticipated revenue (\$18,294,386), 25% of the way through the year. Last year at this time, we collected 15%.

Children in Out of Home Placement:

We have expended 28.5% (\$510,420) of our budget (\$1,792,000), 25% of the way through the year, which resulted in being over budget 3.48% or \$62,420.

County Burials:

We have expended 22% (\$6,235) of our budget (\$28,000), 25% of the way through the year. We had 3 county burials in the first quarter, whereas in 2020 we had a total of 6 in the first quarter.



State Hospital Costs:

We have expended 6% (\$15,876) of our budget (\$250,000). Last year at this time, we expended \$52,059. We continue to anticipate this given the state crisis with mental health, the situation with Anoka-Metro Regional Treatment Center where clients do not have any other place to go.

Salaries, Benefits, Overhead and Capital Equipment:

On agency salaries, benefits, overhead and capital equipment line items, we have expended 23% of our budget 25% of the way through the year.

Staffing Revenues Additional Staff:

For the first quarter report, total staffing revenue is 33.40% (\$1,481,952) 25% through the year of the total 2021 budget of \$4,437,027 for these revenue categories.

COVID-19 Pandemic:

HHS will continue to have some additional personnel expenses associated with the pandemic as staff are still doing COVID-19 response and clinics so additional costs are anticipated. HHS did receive a Federal COVID-19 Vaccine Implementation and Distribution Grant up to \$378,625. HHS also received some smaller Federal and State COVID-19 implementation grants of \$23,744 and \$68,405.

At this point we do not know how long clinic planning and vaccination clinics will continue and if there will be booster shot clinics in the fall?

We also don't know when some of the State/Federal waivers for some of the programs that we provide services will be lifted or if some will still be in place to counties for the foreseen future?



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Goodhue County



REVENUES & EXPENDITURES BUDGET REPORT

Report Basis: Cash From: 01/2021 Thru: 03/2021

Percent of Year: 25%

Page 25

11 Fund Health & Human Service Fund

479 Dept

PHS Administration

PHS Administra			-				0/ 04
Account Nur	<u>mber</u>	<u>Description</u>	<u>Status</u>	03/2021	<u>Selected</u>	<u>2021</u>	% Of
11-479-479-000	00 6161	PERA		<u>Amount</u> 948.15	<u>Months</u> 2,884.32	<u>Budget</u> 13,055.00	Budget 22
11-479-479-000		FICA		748.49	2,884.32	10,792.00	21
11-479-479-000		Workmans Compensation		.00	14,922.18	14,925.00	100
11-479-479-000		Mandatory Medicare		175.05	531.91	2,524.00	21
11-479-479-000		Telephone		509.13	814.66	3,000.00	27
11-479-479-000		Cell Phone		7.00	24.50	1,050.00	2
11-479-479-000		Postage/Freight		294.59	944.84	4,748.00	20
11-479-479-000		Advertising		.00	143.70	280.00	51
11-479-479-000		Association Dues/Memberships		.00	918.75	2,300.00	40
11-479-479-000		Subscriptions		.00	0.00	150.00	0
11-479-479-000		Software Maintenance Contracts		.00	6,430.34	25,388.00	25
11-479-479-000		Consultant Fees		.00	227.50	910.00	25
11-479-479-000	00-6283	Other Professional & Tech Fees		177.22	1,937.71	9,664.00	20
11-479-479-000	00-6302	Copies/Copier Maintenance		371.95	1,166.05	6,200.00	19
11-479-479-000	00-6331	Mileage		.00	0.00	70.00	0
11-479-479-000	00-6332	Meals & Lodging		.00	0.00	500.00	0
11-479-479-000	00-6342	Land & Building Lease/Rent		18,767.75	18,767.75	75,071.00	25
11-479-479-000	00-6351	Insurance		.00	11,109.56	12,205.00	91
11-479-479-000	00-6357	Conferences/Schools/Training		.00	0.00	400.00	0
11-479-479-000	00-6405	Office Supplies		.00	0.00	1,000.00	0
11-479-479-000	00-6414	Food & Beverages		.00	0.00	300.00	0
479 Dept	TOTALS PH	S Administration	Revenue	.00	.00	12,350.00-	0
			Expend.	45,567.40	135,913.56	468,020.00	29
			Net	45,567.40	135,913.56	455,670.00	30
11 Fund	TOTALS He	ealth & Human Service Fund	Revenue	758,748.94 -	2,826,820.86-	18,294,386.00-	15
			Expend.	1,351,483.79	4,380,710.81	18,294,386.00	24
			Net	592,734.85	1,553,889.95	.00	0
FINAL TOTALS:	590 Accoun	ts	Revenue	758,748.94 -	2,826,820.86-	18,294,386.00-	15
			Expend.	1,351,483.79	4,380,710.81	18,294,386.00	24
			Net	592,734.85	1,553,889.95	.00	\

		ACTUAL	ACTUAL	BUDGET	% OF	% OF
ACCOUNT #	DESCRIPTION	2020	THRU 3/21	2021	BUDGET	YEAR
11-430-710-3410-6020	ELECTRIC HOME MONITORING	\$4,528.00	\$377.00	\$7,000.00	5%	25%
11-430-710-3710-6020	CHILD SHELTER -SS	\$8,457.66		\$18,000.00	0%	25%
11-430-710-3711-6020	REGULAR CRISIS CARE - CS					25%
11-430-710-3750-6025	NORTHSTAR KINSHIP ASSISTANCE			\$7,500.00	0%	25%
11-430-710-3780-6025	NORTHSTAR ADOPTION ASSISTANCE			\$6,000.00	0%	25%
11-430-710-3800-6057	RULE 4 TRMT FOSTER CARE - SS	\$81,876.93	\$12,693.26	\$70,000.00	18%	25%
11-430-710-3810-6057	REGULAR FOSTER CARE - SS	\$472,011.10	\$112,419.69	\$500,000.00	22%	25%
11-430-710-3810-6058	REGULAR FOSTER CARE - SS-CS- EXPENSES	\$33,251.23	\$5,820.59	\$37,000.00	16%	25%
11-430-710-3814-6056	EMERGENCY FOSTER CARE PROVIDER	\$8,052.00	\$1,980.00	\$8,000.00	25%	25%
11-430-710-3814-6057	EMERGENCY FOSTER CARE	\$2,211.10	\$2,905.64	\$5,000.00	58%	25%
11-430-710-3820-6020	RELATIVE CUSTODY ASSISTANCE					25%
11-430-710-3830-6020	PAYMENTS FOR RECIPIENTS - RULE 8 SS	\$155,054.43	\$53,032.22	\$140,000.00	38%	25%
11-430-710-3831-6020	PAYMENTS FOR RECIPIENTS - RULE 8 CS	\$28,978.14		\$70,000.00	0%	25%
11-430-710-3850-6020	DEPT OF CORR GROUP FACILITY - SS	\$226,312.81	\$48,940.71	\$275,000.00	18%	25%
11-430-710-3852-6020	DEPT OF CORR GROUP FACILITY - CS	\$205,546.97	\$68,544.81	\$200,000.00	34%	25%
11-430-710-3880-6020	EXTENDED FOSTER CARE - IND LIVING 18-20	\$112,396.83	\$33,828.58	\$100,000.00	34%	25%
11-430-710-3890-6020	SHORT TERM FOSTER CARE/RESPITE CARE	\$2,761.72	\$522.48	\$2,500.00	21%	25%
11-430-740-3830-6020	PAYMENT FOR RECIPIENTS - RULE 5 SS	\$653,046.69	\$147,118.39	\$340,000.00	43%	25%
11-430-740-3831-6020	RULE 5 CS	\$3,720.91	\$22,236.70	\$6,000.00	371%	25%
	TOTAL OUT OF HOME PLACEMENT	\$1,998,206.52	\$510,420.07	\$1,792,000.00	28.5%	25%
	Over/(Under) Budget for percent of year	\$1,795,000.00	\$62,420.07	\$448,000.00	25%	25%
	Percent Over/(Under) Budget	-\$203,206.52			3.48%	

December	
November	
October	
September	
August	
July	
June	
May	
April	
March	3.48%
February	1.02%
January	0.84%
2020	11.51%

Over/Under Budget 2

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Goodhue County

INTEGRATED FINANCIAL SYSTEMS

STATEMENT OF REVENUES AND EXPENDITURES

As Of 03/2021

Report Basis: Cash

A3 01	Neport Basis. C	don			
	CURRENT	YEAR	2021	% OF	% OF
DESCRIPTION	MONTH	TO-DATE	Budget	BUDG	YEAR
PROGRAM 600 INCOME MAINTENANCE					
SALARIES SALARIES & BENEFITS	220,481.30	658,130.02	2.907,349.00	23	25
TOTAL SALARIES	220,481.30	658,130.02	2,907,349.00	23	25
OVERHEAD	220,401.50	030,130.02	2,301,343.00	23	23
AGENCY OVERHEAD	44,595.23	69,000.92	325,671.00	21	25
TOTAL OVERHEAD	44,595.23	69,000.92	325,671.00	21	25
CAPITAL EQUIPMENT					
CAPITAL EQUIPMENT OVER \$5,000	0.00	0.00	0.00	0	25
TOTAL CAPITAL EQUIPMENT	0.00	0.00	0.00	0	25
	CURRENT	VEAD		0/ 05	0/ 05
DESCRIPTION	CURRENT	YEAR TO-DATE	2021	% OF BUDG	% OF YEAR
PROGRAM 640 CHILD SUPPORT AND COLLECTIONS	MONTH	TO-DATE	Budget		
SALARIES					
SALARIES & BENEFITS	56,099.14	168,308.53	730,984.00	23	25
TOTAL SALARIES	56,099.14	168,308.53	730,984.00	23	25
OVERHEAD					
AGENCY OVERHEAD	18,650.47	30,091.03	188,470.00	16	25
TOTAL OVERHEAD CAPITAL EQUIPMENT	18,650.47	30,091.03	188,470.00	16	25
CAPITAL EQUIPMENT OVER \$5,000	0.00	0.00	0.00	0	25
TOTAL CAPITAL EQUIPMENT	0.00	0.00	0.00	0	25
	CURRENT	YEAR	2021	% OF	% OF
DESCRIPTION	MONTH	TO-DATE	Budget	BUDG	YEAR
PROGRAM 700 SOCIAL SERVICES PROGRAM					
SALARIES SALARIES & BENEFITS	265,268.75	795,115.01	3,695,232.00	22	25
TOTAL SALARIES	265,268.75	795,115.01	3,695,232.00	22	25
OVERHEAD					
AGENCY OVERHEAD	37,910.91	111,466.54	407,229.00	27	25
TOTAL OVERHEAD	37,910.91	111,466.54	407,229.00	27	25
CAPITAL EQUIPMENT CAPITAL EQUIPMENT OVER \$5,000	0.00	0.00	0.00	0	25
TOTAL CAPITAL EQUIPMENT	0.00 0.00	0.00 0.00	0.00 0.00	0	25 25
TOTAL ON THE EQUI MET.	0.00	0.00	0.00	•	23
DESCRIPTION	CURRENT	YEAR TO-DATE	2021	% OF BUDG	% OF YEAR
PROGRAM PUBLIC HEALTH	MONTH	TO-DATE	Budget	ВООВ	TEAR
SALARIES					
SALARIES & BENEFITS	254,481.22	833,121.85	3,353,295.00	25	25
TOTAL SALARIES	254,481.22	833,121.85	3,353,295.00	25	25
OVERHEAD					
AGENCY OVERHEAD TOTAL OVERHEAD	45,457.74 45,457.74	84,796.12 84,796.12	303,022.00 303,022.00	28 28	25 25
CAPITAL EQUIPMENT	43,437.74	04,790.12	303,022.00	20	23
CAPITAL EQUIPMENT OVER \$5,000	0.00	0.00	0.00	0	25
TOTAL CAPITAL EQUIPMENT	0.00	0.00	0.00	0	25
	CURRENT	YEAR	2021	% OF	% OF
DESCRIPTION	MONTH	TO-DATE	Budget	BUDG	YEAR
FUND 11 HEALTH & HUMAN SERVICE FUND SALARIES					
SALARIES & BENEFITS	796,330.41	2,454,675.41	10,686,860.00	23	25
TOTAL SALARIES	796,330.41	2,454,675.41	10,686,860.00	23	25
OVERHEAD	700,000111	2,101,010111	10,000,000100	20	20
AGENCY OVERHEAD	146,614.35	295,354.61	1,224,392.00	24	25
TOTAL OVERHEAD	146,614.35	295,354.61	1,224,392.00	24	
CAPITAL EQUIPMENT					
CAPITAL EQUIPMENT OVER \$5,000	0.00	0.00	0.00	0	25
TOTAL CAPITAL EQUIPMENT	0.00	0.00	0.00	0	25
DESCRIPTION	CURRENT	YEAR	2021	% OF	% OF
DESCRIPTION	MONTH	TO-DATE	Budget	BUDG	YEAR
FINAL TOTALS	942,944.76	2,750,030.02	11,911,252.00	23	25

MIKEZ

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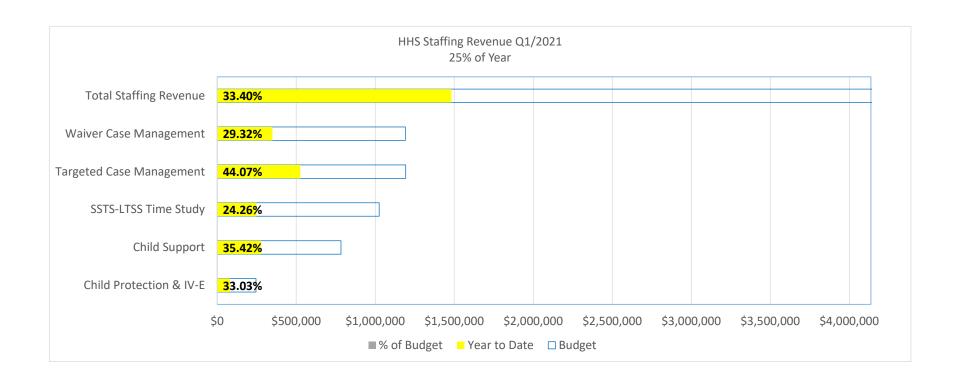
Goodhue County

INTEGRATED FINANCIAL SYSTEMS

STATEMENT OF REVENUES AND EXPENDITURES

Page 2

DESCRIPTION	CURRENT MONTH	YEAR TO-DATE	2021 Budget		% OF YEAR
HHS Staffing Revenues					
11-420-640-0000-5289 CS ST MA Incentive	1,524.82	6,787.06-	26,000.00-	26	25
11-420-640-0000-5290 CS ST Incentives	0.00	6,376.00-	14,000.00-	46	25
11-420-640-0000-5355 CS Fed Admin	39,900.00-	231,312.00-	625,000.00-	37	25
11-420-640-0000-5356 CS Fed Incentive	0.00	28,233.00-	100,000.00	28	25
11-420-640-0000-5379 CS Fed MA Incentive	1,282.63	4,648.67-	18,000.00-	26	25
11-430-700-0000-5292 State LTSS	0.00	78,626.00-	342,000.00-	23	25
11-430-700-0000-5383 Fed LTSS	0.00	96,002.00-	418,000.00	23	25
11-430-700-3810-5380 Fed MA SSTS	0.00	35,089.00-	135,000.00	26	25
11-430-710-0000-5289 Child Protection	0.00	0.00	163,027.00	0	25
11-430-710-3810-5366 FC IV-E	0.00	80,928.00-	80,000.00-	101	25
11-430-710-3810-5367 IV-E SSTS	0.00	25,767.00-	70,000.00-	37	25
11-430-710-3930-5381 CW-TCM	0.00	124,457.04-	400,000.00-	31	25
11-430-730-3050-5380 Rule 25 SSTS	0.00	13,139.00-	60,000.00-	22	25
11-430-740-3830-5366 IV-E Rule 5	0.00	0.00	2,000.00-	0	25
11-430-740-3900-5381 Child MA MH-TCM	0.00	0.00	0.00	0	25
11-430-740-3900-5401 SCHA Child MH-TCM	0.00	0.00	0.00	0	25
11-430-740-3910-5240 St Adult MH-TCM	31,801.12-	32,475.12-	3,000.00-	1,083	25
11-430-740-3910-5381 MA Adult MH-TCM	0.00	32,584.47-	185,000.00	18	25
11-430-740-3910-5401 SCHA Adult MH-TCM	71,015.26	273,384.01-	475,000.00	58	25
11-430-740-3930-5401 SCHA Pathways	5,233.68-	14,538.00-	70,000.00-	21	25
11-430-760-3930-5381 Adult VA/DD-TCM	18,947.50	48,369.83-	60,000.00-	81	25
11-463-463-0000-5290 St AC Waiver	3,753.02	7,899.89-	11,000.00	72	25
11-463-463-0000-5292 St MA CM Waivers	21,974.84	67,328.18-	265,000.00-	25	25
11-463-463-0000-5382 Fed MA CM Waivers	21,974.84	67,277.26-	265,000.00-	25	25
11-463-463-0000-5402 SCHA Waivers	28,475.86	128,021.32-	385,000.00-	33	25
11-463-463-0000-5429 SCHA Care Coord	124.77	32,673.39-	170,000.00-	19	25
11-463-463-0000-5859 SCHA/CCC	46,037.06-	46,037.06-	95,000.00-	48	25
TOTAL HHS Staffing Revenues	291,795.86-	1,481,953.30-	4,437,027.00-	33	25





Annual Report

2020



The community leader in delivering exceptional, responsive and consumer focused behavioral health services.

Serving children, families and adults in Winona, Houston, Fillmore, Wabasha and Goodhue counties

Mission:

The community leader in delivering exceptional, responsive and consumer focused behavioral health services.

Values:

Integrity
Respect
People Focused
Community Focused
Continuous Improvement
Compassion
Partnerships & Collaboration
Empowerment
Financial Stewardship

BOARD OF DIRECTORS

President: Brad Anderson, Goodhue County Commissioner

Vice-President: Macaran Baird, Goodhue County Community Representative

Secretary: Betsy Rowekamp, Winona County Community Representative

Treasurer: Erick Enger, Wabasha County Community Representative

Marie Kovecsi, Winona County Commissioner

Mike Wobbe, Wabasha County Commissioner

Bob Burns, Houston County Commissioner

Elaine Graf, Houston County Community Representative

Mandy Hansel, Winona County Community Representative

Ellen Smith, Winona County Community Representative

A Note from the Chairperson

This year has been a year of everything zoom, except it has not zoomed by. All meetings for the Board of Directors have been virtual. We do get the work done and we do have good discussions, but it is challenging to build the working relationships we all crave. Rest assured, the programs are serving our citizens well and our amazing leaders and staff are meeting the challenges head on. I along with all our Board Members are extremely proud of the work and services our staff deliver each and every day.

The challenges of virtual appointments and delivering healthcare to clients has heightened staff creativity. The staff have worked on the best ways to connect with clients and they have explored the best method to serve the client. The Board has been working to ensure the staff have the resources and technology to connect to the clients and help them with their mental health needs. The staff certainly stepped up to this unprecedented challenge and did an amazing job in an enormously stress filled time. I am so proud of their work ethic and perseverance.

This pandemic will pass, but we all need to continue our vigilance to protect ourselves and those we interact with. The talent of this Board and the leadership of the Hiawatha team will continue delivering excellent healthcare to the citizens in our area. Thank you to the communities we work in for the continued support and generous resources you as citizens entrust to Hiawatha Valley Mental Health Center. - **Brad Anderson, Board Chairperson**

A NOTE FROM OUR EXECUTIVE DIRECTOR

Hiawatha Valley Mental Health Center, like many, experienced significant change in 2020 due to the COVID-19 pandemic. The past year brought challenges and uncertainty for our agency, our employees and those who live in the communities we serve. Even with those challenges, we have continued to provide exceptional, responsive, consumer focused behavioral health services in Wabasha, Winona, Goodhue, Houston, and Fillmore Counties. Through this pandemic, we have never stopped providing our services, but adjusted the ways in which we provide help, support, and treatment to those in need.

In 2020, we provided the largest amount of service through telemedicine and telephone ever at our agency. We provided 21,120 services by telemedicine which is close to 50% of all the services provided. In 2019, we only provided approximately 3% of our services by telemedicine. We provided 8,860 services by telephone which is approximately 20% of all the services provided.

In addition, we created more than 30 free webinars to help provide mental health tips and support to individuals throughout Southeastern Minnesota. Some of the webinars were made possible thanks to the generosity of Solomon's Song and the United Way of Goodhue, Wabasha and Pierce Counties.

What made this all possible?

Great Employees: The employees at Hiawatha Valley Mental Health Center stepped up in spite of all the challenges the pandemic has created. They found unique and improved ways to meet the need of consumers, all while supporting each other. It has not been easy, but they remained mission focused on the agency mission and purpose.

An Active Board of Directors: The Board of Directors at our organization has led us through 2020 and will continue this year and beyond. They had the courage to respond and act in the early stages of the pandemic and have been a stable presence throughout the past year.

Strong Relationships with Community Partners: Our agency values people, community, partnership and collaboration. Through the pandemic, we have leaned on our partners and they have leaned on us to continue to provide quality healthcare in our communities.

Generous Giving and Support: We are grateful for the tremendous community support throughout 2020. Community members gave financially at a greater level and their generosity directly helped our consumers. Counties were also generous in their giving of county allocated CARES funds. The CARES funds given through Winona, Wabasha, Houston, Fillmore, and Goodhue Counties were utilized by HVMHC to provide a physically safe environment for our staff and consumers.

Our organization has learned a lot from this past year! We are a very resilient agency and so are those living and working in our communities. We learned that even in the most challenging times, we can be a support for those in need.

We will continue to adjust how we offer behavioral health services and over time transition back to a more traditional model of care. We are eternally grateful for the continued support.

Sincerely,

Erik Sievers, MSW, LICSW, MBA Executive Director Hiawatha Valley Mental Health Center



SERVICE HIGHLIGHTS

Through the COVID-19 pandemic our organization found unique ways to deliver exceptional, consumer focused services.



In Goodhue County, we purchased lawn chairs so consumers could attend Adult Rehabilitative Mental Health group programming outside at a local park.

Hiawatha Valley Mental Health Center started offering free webinars to help provide mental health tips and support to individuals in our community. All the webinars are still available on our website www.hvmhc.org.





We made changes in how we offer services. Consumers can now be seen in-person or through telemedicine. In 2019, we provided 97% of services in-person with 3% being offered through tele-medicine. In 2020, we provided 49% of services in-person and 51% of services through telemedicine.

Total number of billable services provided in 2020:

Adult Rehabilitative Mental Health Services: 22,590

• Children's Therapeutic Services and Supports: 1,953

School Linked/Based Mental Health Services: 10,450

• Outpatient Mental Health Services and Substance Abuse Services: 12,722

• Early Childhood Services: 766

Medication Clinic: 1,688Psychiatric Services: 2,736



SERVICE HIGHLIGHTS

Resilience The Courage to Come Back

Adult Rehabilitative Mental Health Services

In March, as cases of COVID-19 started to increase in the state of Minnesota, Melody was making a transition in her life. She was in the process of moving into a new apartment in a new town. Also during this time, Hiawatha Valley Mental Health Center was making a transition of its own, moving mental health services from in-person to telemedicine to prevent the spread of the virus.

From the isolation inside her apartment complex, Melody was able to start participating in virtual Adult Rehabilitative Mental Health (ARMHS) group meetings. During those meetings, she was introduced to some of her apartment neighbors which helped her become more comfortable in her new space. The meetings also encouraged her to be resilient through the uncertainty around the COVID-19 pandemic.

With most of the state of Minnesota shutdown, Melody was determined to meet some of her goals including getting to know her new community and getting into better physical shape. With the help of her ARMHS practitioner, Melody set a goal to walk daily and learn what the community had to offer. She found the bank, the grocery store, post office and other businesses throughout the town. By all her walking, she lost more than 20 pounds.

Her resilience pushed her even further as for the first time in her life she bought new furniture, online, for her new apartment. She even purchased renter's insurance after learning during an ARMHS group session, the benefits of being prepared for emergencies during. To top off her achievements, at the turn of the new year, she was promoted at her place of employment. She attributes her success to the content of the ARMHS groups. She used the information discussed to improve her life during a historical and difficult time in our state. She is beyond excited for her future and we are so proud of her!

The United Way of Goodhue, Wabasha and Pierce Counties is a supporter of our ARMHS group program in Goodhue and Wabasha Counties.





SERVICE HIGHLIGHTS



A new location for the Caledonia Clinic

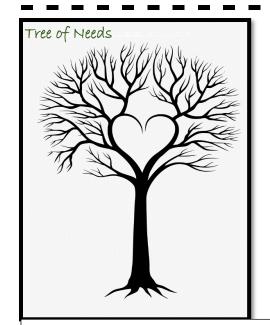


After months of planning and hard work, Hiawatha Valley Mental Health Center opened its doors at a new location in Caledonia. The clinic is now located at 221 South Kingston Street.

Norman Snodgrass owns the building. He took it upon himself to completely renovate the space to meet the needs of Hiawatha Valley Mental Center with the help of some community grants.

The new space is structured with patient care at the forefront. Doorways are staggered for privacy and ductwork is curved so conversations can not be heard outside of the therapy session. The waiting area is handicap accessible. In addition, the new location allows for the organization to plan for potential growth in the future.

Currently at the Caledonia Clinic we offer: Substance Abuse Services, Outpatient Mental Health Services, School-Linked Mental Health Services, Adult Rehabilitative Mental Health Services (ARMHS) and Crisis Services.



Wraparound Care Coordination

In 2020, we started Wraparound Care Coordination. The program is a family driven process to help youth ages 3 through 17 with mental health and/or behavioral challenges and their families. Wraparound follows four different phases that allow the family more access, voice and choice over their current and future services and supports.

In Wraparound Care Coordination, we look at the whole picture, which, in this case, is our "Tree of Needs". We see the behaviors as our primary target, much like you would see the leaves of a tree. We then look at the trunk of the tree, or the factors and environment in which both the child(ren) and caregiver(s) have grown up in. Lastly, we dig deep into the roots of the behaviors and the reasons why such behaviors might be happening.

Leaves/Branches = Behaviors (physical aggression, abuse, self-harm, fighting, property destruction, verbal aggression)

Trunk = Family Story (culture, history, experiences)

Roots = Underlying Needs (reasons WHY behaviors happen)

The goal of Wraparound Care Coordination is to leave the youth and their family with skills, resources and support that they can carry with them for the rest of their lives. The service is available for children ages 3 through 17 years old in Winona County.



HIGHLIGHTS

The community leader in delivering exceptional, responsive and consumer focused behavioral health services.



Due to the COVID-19 pandemic, we had to close our Peer Support Network in March. To continue supporting consumers we established Virtual Support groups three times a week for individuals to stay connected.

In order to help adults in our residential facilities connect with medical providers, therapist and support groups, we established tele-health stations right on site.

Six people graduated from the Dialectical Behavioral Therapy (DBT) program in 2020. DBT is an evidence-based psychotherapy approach that teaches consumers how to regulate emotions, cope with stress and improve relationships with others.

Funding support from the Winona Community Foundation allowed our organization to help more than 100 Hiawatha Valley Mental Health consumers during the pandemic. We were able to provide financial assistance for them to connect virtually with their provider(s). Also, we were able to help those financially struggling due to the loss of work hours or loss of employment.

Hiawatha Valley Mental Health Center invited students from the Winona REACH program into our Peer Support Center to learn about careers in behavioral health. The REACH program is for high school Juniors & Seniors to explore future career options in our community.

Based off of a sample of four of our School Linked/Based Mental Health providers, we successfully discharged 24 youth from services between January 1, 2020 and January 1, 2021.

Hiawatha Valley Mental Health Center staff members offered more than 30 trainings and free webinars to communities throughout Southeastern Minnesota in 2020. All the trainings were focused around a mental health topic.

At our Peer Support Network, we hosted four Senior Social Work interns, three Psychology interns and 15 Senior Nursing students from Winona State University. In addition, we utilized three Certified Peer Specialists on site.

Here's a quote from one of the interns; "I was surprised and excited that my social work internship was so broad and introduced me to many different aspects of community-based behavioral health services. Facilitating a peer support group, attending multi-disciplinary team meetings, and connecting with guests at the Day Center were just a few of my weekly activities, and I believe these experiences will serve me well as I start my social work career."





COMMUNITY IMPACT



We partnered with Winona Volunteer Services to distribute 250 boxes of free food to individuals and families in need. We also volunteered at the United Way of Goodhue, Wabasha and Pierce counties to help with its free food box distributions.

We collaborated with the Warming Center and Filling the Gaps to provide community resources for the homeless population.

After receiving CARES grant funding, we were able to partner with the C.A.R.E Clinic in Red Wing to offer free mental health services to patients at the clinic. The C.A.R.E Clinic provides health care for underserved low-income residents of Goodhue County.

We partnered with Solomon's Song to offer three, free public mental health webinars targeted for teens, parents and adults. Solomon's Song is a nonprofit organization in the Winona community dedicated to creating conversations that promote healthy living, celebrate diversity and stomp out stigma.

For National Depression Screening Day, we were able to partner with Bridges Health Winona and provide free depression screenings at the East End Rec Center.

We partnered with Habitat for Humanity in Winona to assist us in renovations of our Board and Lodge homes.

In partnership with Resilient Winona County, we held a six month Trauma Informed Educators project. The project focused on developing a Trauma Informed Educators Community of Practice. A total of twenty education professionals from five districts and charter schools participated.

Hiawatha Valley Mental Health Center developed a partnership with the Winona Police Department to offer Mental Health Basics for the Non-Mental Health Provider training. So far we have trained about 35 of the 39 sworn officers on the Winona Police Department.



Years of Service Awards

We value our unique abilities, qualities and achievements, and all of our roles are important for our communities' and Organization's success.

20 Years



Paulette Drazkowski

15 Years



Gary Hempel

10 Years



Vickie Knabel



Veronica Ives-Virnig

5 Years



Anjelica Molitor



Kathleen Howard



Shonna Schauf



Tanya Kruse



Danelle Lawson



Steve Laehn



Brad Paulson



Casey Bohlman



Jane Stoyke

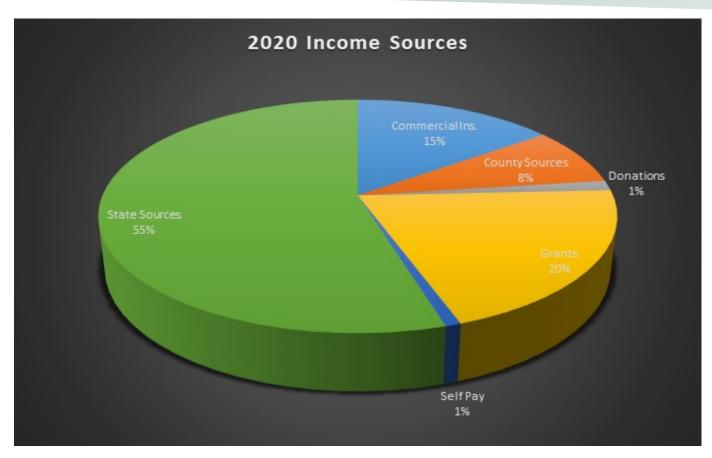


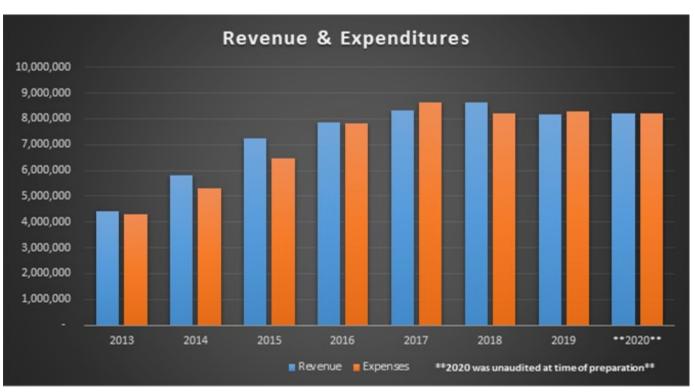
Shauma Meyer



Jesse Thill

FINANCIAL HIGHLIGHTS





THANK YOU TO OUR SUPPORTERS

Friend \$100-\$500

Grace Presbyterian Church

Sequoia Society

David and Kathleen Christenson

Mark McGrory Papenfuss Family Deborah Niebuhr

Aaron and Lisa Hanesworth Larry and Judy Connery

Homer United Methodist Church

Steak Shop Catering

Charles and Audrey Ellingson

Jack Miller Doug Grout Paul Busch

Jeff and Laurie Frost Randy and Lori Meincke

Partner \$501-\$1000

Dan and Julie Buehler Marie Kovecsi Wieser Brothers General Contractor Houston Area Community Foundation

Founder \$1001+

The Storm Trail Race Series

David and Lynn Theurer WNB Financial

Bob Kierlin

Bob and Deb Leaf

Dare L. White & William F. White Foundation

Merchants Bank-Winona

Solomon's Song BK5K Youth Fund

John and Betsy Rowekamp

Winona Community Foundation

Mac Baird

Goltz Pharmacy

AcenTek

Wabasha Kellogg Community Foundation

Red Wing Shoes Foundation

United Way of Goodhue, Wabasha & Pierce Counties

Helen Leaf Haun and Michael Leaf Memorial

Eric Bartleson Memorial

If you would like to donate to Hiawatha Valley Mental Health Center go to our website www.hvmhc.org and click on the "Donate" tab.

Hiawatha Valley Mental Health Center is a 501 (c) (3) nonprofit organization. All donations are tax deductible for the extent allowed by the law.



SORDIETY EXPECTATION

One of the expectations we have is that all of our residents are clean from drugs and misusing alcohol. If you are actively using, an interim facility may be necessary before we would approve an application.

HISTORY

There are only three criminal charges that would be immediate cause for an application to be denied: arson, methamphetamine production, and level three sex offense.

NURSING

We have nursing services on site to support residents in all of our housing facilities.

SERVICES

Unfortunately, waivered services are not able to be utilized at HBL and we are not able to provide PCA services by our staff. If you require PCA services they would have to be provided outside of waivered funding.



Scan above for more information!

RESIDENTIAL SERVICES



Hiawatha Bluffs Living (HBL)

HBL is a long term supportive housing facility for adults living with mental illness. There are 20 apartments at HBL and each apartment is designed for one person. They all have a kitchen, living room, bedroom, bathroom, and come fully furnished (including cooking supplies, furniture, etc). We have two accessible apartments suitable for those living with a physical disability.

Our communal areas include a large kitchen/community room, a large foyer/TV room, a small TV room, laundry room, and med room. The apartments are individual, but it is not considered completely independent living as supportive services are on site 24/7 should a client choose to use them.



We have four, furnished Board and Lodge homes located within the Winona community. Qualified applicants share a home and have services provided to support their medication management, skills development, case management and mental health by our qualified professionals.

Communal areas include kitchen, living rooms, dining room, laundry, and med rooms. Food support is included. Residents live and work in community with one another.





- On site ARMHS
 - On site Case Management
- 24 hour support staff
- Daily medication monitoring
- Weekly medication filling
- Transportation to appointments
- Free laundry
- Nursing Services
- Groups of all categories (Art, games, mindfulness, movies, writing, etc)

Who qualifies for Residential Services?

We utilize Housing Support and Supplemental Services (formerly called GRH) to provide room and board and services for residents. A qualified applicant must meet both medical and financial criteria.

If you have a diagnosis of a serious persistent mental illness and are currently homeless or have experienced homelessness, have been treated in an IRTS facility, have been hospitalized, have repeated exposure with law enforcement, have been committed, or are just in need of stable housing to support your mental health please reach out and learn more information about eligibility.

For more information, click the QR code to be taken to a complete list of HVMHC Services. Applications can be accessed online under "Residential Services" Email complete applications or questions to ResidentialLiving@hvmhc.org